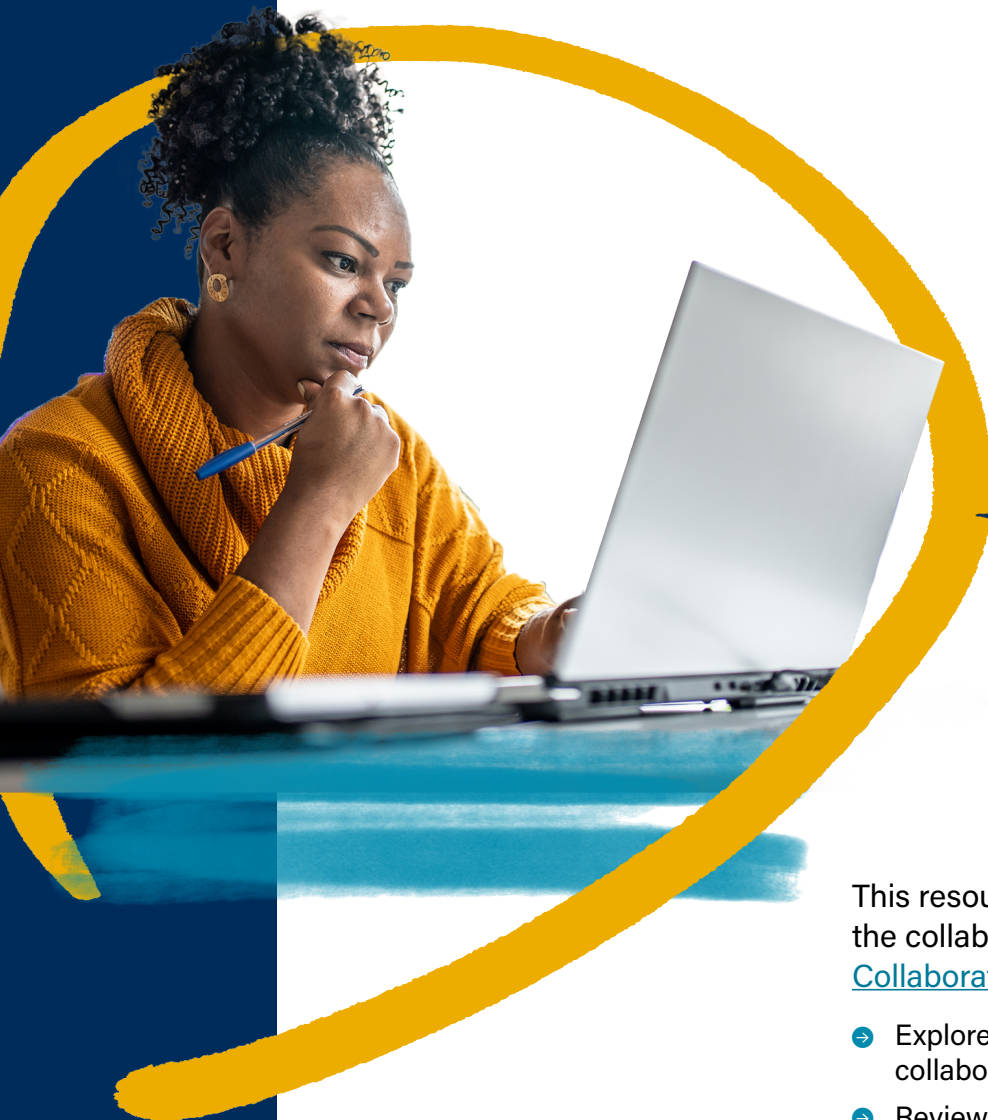




PERINATAL SUBSTANCE USE COLLABORATION
AND POLICY ACTION MAP

References and Additional Learning

This resource was designed to further learning and implementation of the collaboration recommendations in AMCHP's [Perinatal Substance Use Collaboration & Policy Action Map](#) by allowing end users to:

- ➔ Explore additional resources that would support implementation of the 10 collaboration recommendations
- ➔ Review other measurement tools that could help measure progress across multiple collaboration recommendations
- ➔ Explore some system thinking and collaboration science resources to enhance potential applications of the action map recommendations



Additional Learning Related to the Collaboration Recommendations

Collaboration Recommendation

Related Resources

BUILD AND SUSTAIN TRUSTING RELATIONSHIPS WITH CROSS-SECTOR PARTNERS WORKING TO ADDRESS PERINATAL SUBSTANCE USE.

- [Recommendations for Strengthening Partnerships Between Health Departments and Community-Based Organizations](#) (CDC Foundation): This report was created for health departments, CBOs, and their partners to build and strengthen trusting relationships. It includes core values, the importance of shared language, and a framework to support the creation of transformative partnerships.
- [Checklist to Build Trust, Improve Public Health Communication, and Anticipate Rumors During PHEs](#) (Center for Health Security, Johns Hopkins Bloomberg School of Public Health): This checklist was created to improve trust and communication in the scope of public health emergencies but is applicable to broader public health.
- [Collaborative Leadership Self-Assessment Questionnaires](#) (Tamarack Institute): This set of self-assessments includes one focused on building trust that you can complete individually and/or as a collaborative.

ADDRESS POWER DYNAMICS AND PRACTICE SHARED LEADERSHIP AND DECISION MAKING.

- [Collaborative Leadership Self-Assessment Questionnaires](#) (Tamarack Institute): This set of self-assessments includes one focused on sharing power and influence that you can complete individually and/or as a collaborative.
- [Collaborative decision making](#) (Project Management Institute): This paper describes a methodology to build consensus decisions within groups.
- [Group decision making styles](#) (Administration for Children & Families; Office of Child Care): This resource summarizes different decision making styles a collaborative could adopt.

CREATE MEANINGFUL CHANGE BY LISTENING TO, EMPOWERING, AND INVESTING IN FAMILIES AND PEOPLE WHO EXPERIENCE(D) PERINATAL SUBSTANCE USE.

- [Journey Recovery Project](#): This website is designed for pregnant and parenting women impacted by substance use and also includes information and resources for fathers, partners, family, and friends.
- [The EMPOWER Project](#): The EMPOWER Project supports perinatal quality collaboratives (PQCs) by integrating the voices of patients with personal experience of perinatal substance use into research, policy, and quality improvement initiatives.
- [Understanding Family Engagement Outcomes: Research to Practice Series](#) (Brazelton Touchpoints Center): This series of resources, available in English and Spanish, highlights research and proven interventions, promising practices, and strategies and is designed for professionals who work with young children and their families.

ESTABLISH A SHARED VISION, VALUES, AND LANGUAGE AMONG PARTNERS.

- [Collaborating to Create a Common Agenda](#) (Collective Impact Forum): This webinar and presentation addresses how to reach a common understanding of a problem, how to identify potential indicators for progress, and how to establish ownership and buy-in from key partners. It includes a case example around youth substance use.
- [Collaborative Teams Toolkit for Trauma-Informed Care](#) (National Center on Substance Abuse and Child Welfare): This toolkit is designed to help collaborative teams develop and implement trauma-responsive policies and practices to best support children, parents, and family members who are affected by substance use, co-occurring mental health challenges, and involved with child welfare.
- [Moving to Trauma-Responsive Care](#) (Hazelden Betty Ford Foundation): This research update describes the shift from trauma-informed to trauma-responsive care to better support people with substance use disorders.
- [Pregnancy and Substance Use: A Harm Reduction Toolkit](#) (Academy of Perinatal Harm Reduction): This toolkit grounded in harm reduction is one resource that collaboratives could use to establish a shared vision, values, and language. The goal is to promote the overall health and well-being of pregnant women who use substances and their families.

CREATE CLEAR ROLES, RESPONSIBILITIES, AND GOVERNANCE STRUCTURES AROUND PERINATAL SUBSTANCE USE.

- [An Integrative Framework for Collaborative Governance](#) (Emerson, K., Nabatchi, T., & Balogh, S., 2012): This article presents a helpful framework for thinking about collaboration from a lens of governance.
- [Partnership Agreement Template](#) (Community Research Collaborative): The template is an example collaboratives could use to clarify collaborative goals and partner roles.
- [Title V Information System](#) (TVIS) (Health Resources & Services Administration): TVIS is a searchable database where you can learn about state performance measures and evidence-based or -informed strategy measures that support governance around perinatal substance use.

CREATE A COLLABORATIVE GROUP CULTURE THAT PROMOTES MEMBER ENGAGEMENT AND SHARED LEARNING.

- [LINK ECHO Series](#) (Minnesota Perinatal Quality Collaborative): This free, monthly virtual series is an example of how a cross-sector collaborative can bring together partners to create a collaborative learning environment, break down silos, reduce stigma, and promote integrated care to improve outcomes for pregnant and postpartum women and their families.
- [To Go Further, Get Serious About Organization Culture](#) (Collective Impact Forum): The article discusses ten steps for building and maintaining culture that you can apply to your collaborative's group culture.

Consider using one of the following tools to assess baseline collaboration/readiness for collaboration:

- [Wilder Collaboration Factors Inventory](#) (Wilder Research): A free, research-based self-assessment tool that helps coalitions and partnerships rate themselves across 22 factors known to predict collaboration success, such as mutual respect, skilled leadership, and appropriate pace of development.
- [Partnership Assessment and Relationship Profile](#) (AMCHP): Originally designed for Title V Children and Youth with Special Health Care Needs programs, this resource has a template that you can tailor that includes shared initiatives, level of collaboration, strengths and challenges to a partnership, and next steps.
- [ASPHN Collaboration Primer](#) (Association of State Public Health Nutritionists): This resource presents an overview of collaboration, a summary of the levels of collaboration scale, and a checklist of factors needed for an effective collaborative process.

PLAN FOR SUSTAINABILITY FROM THE BEGINNING.

- [Fiscal Mapping for Early Childhood Services: How-To Guide and Data Collection Tool](#) (Center for Health Care Strategies): This how-to guide was designed for early childhood services but is translatable to perinatal substance use.
- [Federal Funding Streams for Children and Youth Services Database](#) (Children's Funding Project): This searchable database includes federal funding streams for children and youth as well as policy and funding changes that could affect them. Try exploring the database by searching "substance use" in the keyword search or filtering under "Specific Eligible Services and Programs."
- [Quick-Start Guide for the Fiscal Mapping Process](#) and [The Fiscal Mapping Process: A Strategic Planning Tool for Sustainable Financing of Evidence-Based Treatment Programs in Youth Behavioral Health Services](#) (RAND): These resources focus on building fiscal mapping skills to support program sustainability.

These articles support information included in the sustainability recommendation:

- Hall, A., Shoesmith, A., Doherty, E., McEvoy, B., Mettert, K., Lewis, C. C., Wolfenden, L., Yoong, S., Kingsland, M., Shelton, R. C., Wiltsey Stirman, S., Imad, N., Sutherland, R., & Nathan, N. (2022). Evaluation of measures of sustainability and sustainability determinants for use in community, public health, and clinical settings: A systematic review. *Implementation Science*, 17(1), Article 81. <https://doi.org/10.1186/s13012-022-01252-1>
- Linkins, K. W., Frost, L. E., Hayes Boober, B., & Brya, J. J. (2013). Moving from partnership to collective accountability and sustainable change: Applying a systems-change model to foundations' evolving roles. *The Foundation Review*, 5(2). <https://doi.org/10.9707/1944-5660.1156>
- Scheirer, M. A., Hartling, G., & Hagerman, D. (2008). Defining sustainability outcomes of health programs: Illustrations from an online survey. *Evaluation and Program Planning*, 31(4), 335–346. <https://doi.org/10.1016/j.evalprogplan.2008.08.004>
- Schell, S. F., Luke, D. A., Schooley, M. W., Elliott, M. B., Herbers, S. H., Mueller, N. B., & Bunger, A. C. (2013). Public health program capacity for sustainability: A new framework. *Implementation Science*, 8, Article 15. <https://doi.org/10.1186/1748-5908-8-15>

BUILD ACCOUNTABILITY BY CREATING A SHARED UNDERSTANDING OF DATA, MEASURES, AND OUTCOMES ACROSS SECTORS.

- [2027 Mandatory Behavioral Health Core Set Measures](#) (Medicaid): Familiarize yourself with the 2027 Medicaid core set items related to mental health and substance use as possible shared measures.
- [Overview of Substance Use Disorder Measures in the 2024 Child, Adult, and Health Home Core Sets](#) (Medicaid): This resource breaks down specifications of different SUD Core Set measures.
- [Sample inter-agency data sharing MOU](#) (National Center on Subsidy Innovation and Accountability): This example MOU can help suggest what sort of information to include on an MOU around perinatal substance use data.
- [How States Access and Deploy Data to Improve SUD Prevention, Treatment, and Recovery](#) (National Academy for State Health Policy): This resource includes a summary of some available data sources related to SUD.

BE STRATEGIC IN THE PARTNERS YOU ENGAGE AND HOW YOU ENGAGE THEM, INCLUDING THOSE THAT ARE UNCONVENTIONAL BUT HIGHLY IMPACTFUL.

- [Network Mapping](#) (National MCH Workforce Development Center): This short video provides an overview of a mapping exercise that will help determine what groups/people should be included in your collaboration.
- [Balance of Petals](#) (National MCH Workforce Development Center): This short video provides an overview of a mapping exercise that will help identify key partners to engage, clarify their contributions, and highlight how each benefits from the collaboration.
- [Initiating Cross-Sector Partnerships to Advance Population Health](#) (Association of State and Territorial Health Officials): This report shares action steps to begin and sustain cross-sector partnerships and highlights examples of successful collaboration with some harder-to-reach partners including Medicaid, housing, and transportation.
- [Engaging Families When There Is Child Welfare Involvement](#) (National Center on Parent, Family, and Community Engagement): This resource describes strategies for building trust and engaging families when there is child welfare involvement. Originally designed for Head Start and Early Head Start programs, the concepts shared are relevant to other programs working directly with families.

PLAN FOR CLEAR AND CONTINUOUS COMMUNICATION BOTH WITHIN YOUR COLLABORATIVE AND WITH PARTNERS, COMMUNITY MEMBERS, AND OTHER KEY AUDIENCES.

- [Communications Planning Guide for Local Health Departments](#) (National Association of County & City Health Officials): This guide has four key steps and specific activities to follow as a part of communications planning.
- [Clear Writing Training Modules](#) (Centers for Disease Control & Prevention): These modules help build skills around understanding your audience and main message, writing in plain language, and using effective design principles.

- [Making Written Communication Easy to Understand](#) (Center on Disability): This resource includes tips for using plain language and making written communication easier to understand.
- [Addiction Language Guide](#) (Shatterproof): This resource includes specific tips for communicating about problematic substance use and SUD that contrasts recommended language with more traditional, stigmatizing language.
- [Communication Protocols Worksheet](#) (State Implementation and Scaling-up of Evidence-based Practices): These resources include a fillable template and completed example for communication protocols.



Additional Measurement Tools

- [Wilder Collaboration Factors Inventory](#): A free, research-based self-assessment tool that helps coalitions and partnerships rate themselves across 22 factors known to predict collaboration success, such as mutual respect, skilled leadership, and appropriate pace of development.
- [Partnership Self-Assessment Tool](#): This tool assesses 11 different aspects of a partnership including synergy, leadership, resources, decision making, and benefits and drawbacks of participation.
- [The TEAM: A Toolkit for Everyone Aligning and Measuring](#): The TEAM includes three assessments to measure and understand how a collaborative is aligning across sectors and includes a searchable database of measures.



Systems Thinking Resources

- [Iceberg Model of Systems Thinking](#) (Ecochallenge): A framework to go “under the water line” of surface-level events and uncover the deeper patterns, structures, and mental models that drive system behavior.
- [Introduction to Systems Thinking](#) (Daniel Kim): Provides an accessible overview of systems thinking concepts and tools to help individuals and organizations see interconnections and patterns of change.
- [Leverage Points: Places to Intervene in a System](#) (Donella Meadows): Outlines 12 ways to influence complex systems, ranked from least to most effective, to guide where to focus change efforts for greatest impact.

References and Additional Learning

- [**The Water of Systems Change**](#) (FSG): A framework for identifying and addressing underlying conditions – structural, relational, and transformative – necessary to achieve lasting systems change.
- [**Dancing with Systems**](#) (Donella Meadows): Offers practical insights on how to engage with systems adaptively rather than trying to control them.
- [**The Dawn of System Leadership**](#) (Peter Senge, Hal Hamilton, & John Kania): Introduction to the core capabilities of system leaders and guidelines for fostering system leadership.



Collaboration Science Resources

- [**Partnership Synergy: a practical framework for studying and strengthening the collaborative advantage**](#) (Lasker, Weiss, & Miller): Offers a framework for understanding how various partners contribute unique resources and perspectives to strengthen collective capacity and achieve greater impact.
- [**Eight Behaviors for Smarter Team**](#) (Roger Schwarz): Outlines practical behaviors that build trust, shared understanding, and mutual learning, which are core capacities for effective systems-oriented collaboration.
- [**Consolidated Framework for Collaboration Research**](#) (Calancie et al.): Identifies seven key domains of cross-sector collaboration (community context, group composition, structure and internal processes, group dynamics, social capital, collaboration-led activities, and community-focused activities) and encourages the use of systems science methods to examine how these elements interact over time.
- [**What is Collective Impact**](#) (Collective Impact Forum): Defines the five conditions of collective impact (common agenda, shared measurement, mutually reinforcing activities, continuous communication, and a strong backbone) and provides a resource library for advancing your collective impact work.



Additional Learning Resources

- [**Systems Innovation Network**](#): Online platform connecting people around the world to learn and apply the ideas and methods of systems innovation towards addressing complex challenges.
- [**The Systems Thinker**](#): Online publication featuring accessible articles, case studies, and tools for applying systems thinking in organizations and communities.

References and Additional Learning

- [**Waters Center for Systems Thinking**](#): Nonprofit organization that offers trainings, tools (like the Habits of a Systems Thinker), and self-guided learning opportunities to build systems thinking capacity.
- [**Systems Practice \(Acumen Academy\)**](#): Free, 8-week, self-paced course for teams to understand a system, identify leverage points, and learn how to adapt in a changing environment.
- [**Tamarack Institute**](#): A learning community offering free tools, training, and resources on community change, collective impact, and collaborative leadership, with a strong focus on practical implementation for cross-sector initiatives.

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