

# Are you one of the millions of people nationwide who have experienced housing or food insecurity?

We need your guidance.

### Who Are We

The Association of Maternal & Child Health Programs (AMCHP) is a national organization dedicated to advancing the health of women, children, youth, families, and communities through strengthening public health systems and fostering community partnerships with a focus on health equity. AMCHP supports state public health leaders, community organizations, and families by advocating for improved maternal and child health (MCH) services, providing technical assistance, and promoting best practices. Our vision is a nation where all families thrive in healthy, supportive communities.

## What is Our Ask

AMCHP is looking for people with lived experience to be a part of a council of national experts who will provide guidance to state efforts to create and implement policies to improve access to quality housing and food for MCH populations.

#### To be considered for our council, we require the following:

- Experience with housing and/or food insecurity, either currently or in the past
- Be a member of one or more MCH population groups. This includes adolescents, young adults, birthing people, and parents that have children with or /without disabilities
- · Have access to a computer and wi-fi

**APPLY NOW** 

#### If selected, the expectations for this commitment include:

- Participate in the expert council for at least one year. This will include a series of meetings to share your perspective on challenges, ideas, and solutions related to improving housing and food security for families.
  - Year 1: Participate in two virtual meetings and one in-person meeting held in Washington D.C. (all travel costs will be covered)
  - Years 2 and 3: Participate in two virtual meetings per year

## **Definitions**

### Housing Insecurity

Housing insecurity is the states of not having stable or adequate housing conditions. Examples of housing insecurity include:

- Experiencing houselessness or at risk of housing loss, challenges paying rent
- Living in overcrowded conditions
- Evictions
- Moving frequently
- Temporarily with friends or family members (couch surfing)
- Spending most of your household income on the cost of housing.

### **Food Insecurity**

Food insecurity is the condition of not having access to enough food, or food of an adequate quality, to meet one's basic needs. Examples of food insecurity include:

- Skipping meals due to cost
- Rationing food
- Choosing between food and other needs
- Not eating nutritious foods due to cost

If one or more of the examples resonate with your personal experiences and you would like to be a part of AMCHP's expert council on food and housing insecurity, we encourage you to complete this interest form by December 5th, 2024, or call or text us at 202- 643-9467.



Selected individuals will be compensated.

https://forms.gle/95Pxwvd2MFS7wksQ7