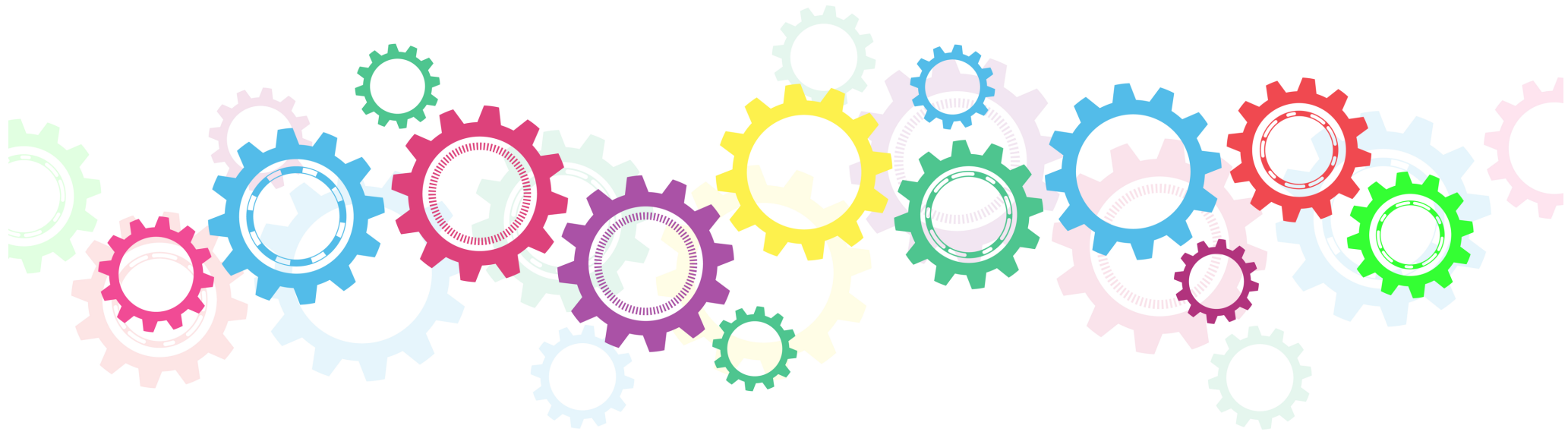


Understanding and Planning for the New Performance Measures: Developing ESMs to Meet New Challenges



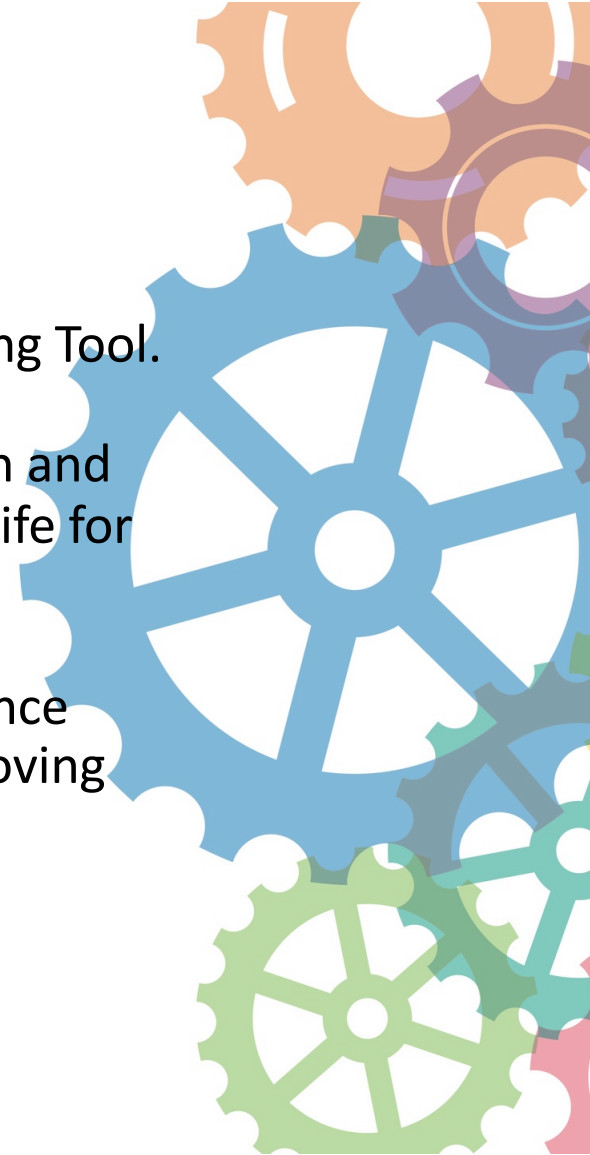
John Richards, Georgetown University

This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number U02MC31613, MCH Advanced Education Policy, \$3.5 M. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.

Learning Objectives

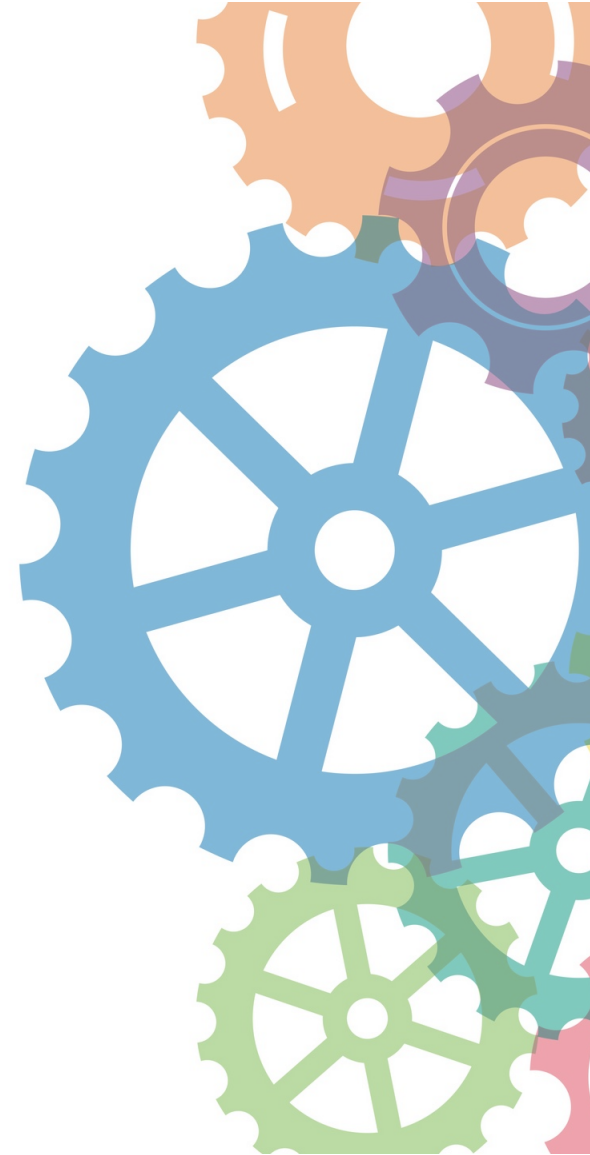
- Introduce the Evidence Accelerators and the RBA Planning Tool.
- Identify how MCH programs can utilize updated research and evidence to implement new programs that work in real life for real people.
- Increase a shared understanding of the technical assistance MCH programs will need to implement the strategies moving forward.

www.mchevidence.org



Agenda

- **Introduction: 25 minutes**
 - Welcome (5 minutes)
 - Overview (20 minutes)
 - NCEMCH Resources (1 minute)
 - New Measures and Evidence Accelerators (5 minutes)
 - RBA (10 minutes)
 - Questions about new measures and RBA (4 minutes)
- **Group Work: Digging into the Measures with the RBA Planning Tool: 50 minutes**
 - Goal and Graph: 10 minutes
 - RCA and Partners: 10 minutes
 - What Works: 10 minutes
 - Action Plan: 10 minutes
 - ESMs: 10 minutes
- **Group Discussion and Wrap Up: 15 minutes**
 - Questions and Discussion
 - Gallery Walk





National Center for Education
in Maternal and Child Health
Georgetown University

mchevidence.org
mchlibrary.org
mchnavigator.org
mchneeds.net

The screenshot displays the MCH Needs Assessment Toolkit website. At the top, there are navigation bars for 'MCH Library', 'MCH Navigator', 'MCH Needs Assessment', 'NCEMCH', and 'Georgetown University'. The main header features the 'MCH Needs Assessment Toolkit' logo and navigation links for 'HOME', 'FRAMEWORK AND TOOLS', and 'STATE AND JURISDICTION LINKS'. A 'STEPS' section lists 9 steps. The main content area includes a 'Home' section with a list of tools and steps, and a 'MCH Needs Assessment Toolkit: MCHneeds.net' section with introductory text and logos for NCEMCH Evidence, MCH Navigator, National MCH Workforce Development Center, and AMCHP. A 'We Heard You' section and a 'Title V Five-Year Needs Assessment Webinar Series' announcement are also visible.

Home

- Framework and Tools
- List of Tools by Step
- Step 1. Engage Partners
- Step 2. Assess Needs
- Step 3. Examine Strengths and Capacity
- Step 4. Select Priorities
- Step 5. Set Performance Objectives
- Step 6. Develop Action Plan
- Step 7. Seek and Allocate Resources
- Step 8. Monitor Progress for Impact on Outcomes
- Step 9. Report Back to Partners

MCH Needs Assessment Toolkit: MCHneeds.net

Five-Year Title V Needs Assessment. The challenges of the maternal and child health (MCH) system are complex. To create solutions to address these challenges it is important to understand the systems and the interrelated components of the system that shape health. The five-year needs assessment process allows state Title V programs to begin to understand the complexity of these challenges, identify needs, and select priority areas of focus.

To build upon the needs assessment process, the [MCH Evidence Center](#) and [MCH Navigator](#), [National MCH Workforce Development Center](#), the [Association of Maternal and Child Health Programs](#), and [CityMatCH](#) developed this toolkit, **now in its second version**, to help Title V agencies use tools to dig deeper into the complex system surrounding the health of the MCH population.

We Heard You

Title V Five-Year Needs Assessment Webinar Series. Please save the date!

MCHB's Division of State and Community Health (DSCH) along with our colleagues are hosting a **Title V Five-year Needs Assessment Webinar Series**. This series has been planned in response to feedback we received at the Title V Directors/Skills-building Session at the AMCHP 2024 Annual Conference. During that session attendees were asked status of their five-year needs assessment and what topics would be helpful to cover during a webinar series. The Title V Needs Assessment Webinar Series will follow the 9-Step Conceptual Framework and cover the topics shared by survey respondents.

Session I: Recording of From Needs Assessment to State Action Plan: Translating Data to Action (originally presented during the AMCHP 2024 Annual Conference). Viewing this recording will serve as Session 1 in this series and provides an overview of all 9 steps.

The New MCH Performance Measures



National Performance Measures (NPMs)

1 Postpartum Visit (Universal)	7 Risk Appropriate Perinatal Care	10 Medical Home (Universal) • Personal Doctor or Nurse • Usual Source of Sick Care • Family Centered Care • Referrals • Care Coordination	20 Adolescent Well-Visit	Medical Home (Universal) • Personal Doctor or Nurse • Usual Source of Sick Care • Family Centered Care • Referrals • Care Coordination
2 Preventive Dental Visit	8 Breastfeeding	11 Childhood Vaccinations	21 Mental Health Treatment	Transition to Adult Health Care
3 Postpartum Mental Health Screening	9 Safe Sleep	12 Developmental Screening	22 Transition to Adult Health Care	
4 Postpartum Contraception Use	5 Perinatal Care Discrimination	13 Preventive Dental Visit	23 Tobacco Use	Transition to Adult Health Care
5 Perinatal Care Discrimination		14 Physical Activity	24 Adult Mentor	
6 Housing Instability	6 Housing Instability	15 Food Sufficiency	25 Bullying	Bullying

KEY: DOMAINS OF ACTION

CLINICAL HEALTH SYSTEMS HEALTH BEHAVIORS SOCIAL DETERMINANTS OF HEALTH

Standardized Measures (SMs)

26 Early Prenatal Care	28 Low-Risk Cesarean Delivery	30 MMR, Flu, HPV (Vaccinations)	32 Adolescent Physical Activity	MULTIPLE POPULATION DOMAINS
27 Well-Woman Visit	29 Drinking During Pregnancy	31 Smoking: Household	33 Uninsured	
30 Smoking: Pregnancy	31 Smoking: Household	34 Adequate Insurance	35 Foregone Health Care	



Accelerate with Evidence

MCH EVIDENCE

MEDICAL HOME

WHAT WORKS
evidence accelerator

Medical Home Strategies

The **What Works Evidence** summary of effective strategies for children with special health care needs (CYSHCN) sub-components: the **personal doctor or nurse**, **needed referrals**, and **needed**.

Overview. The American Academy of Pediatrics (AAP) defines the medical home "approach to providing continuous, coordinated, comprehensive, accessible, and family-centered primary care."²² Children with and without special health care needs benefit from care consistent with the medical home model. The model helps connect educational services, outreach, and other public services.⁶ It recognizes the child's life and emphasizes family and health care partnership, building on the existing good care.⁶ A medical home is family-centered, continuous, coordinated, compassionate, and accessible.

Data. This NPM is measured from the **National Survey**. In 2022, 39.5% of children with special health care needs (CYSHCN) had reported by their parent(s) and non-CYSHCN, the rate of attainment was lowest among Alaska Native, non-Hispanic (37.1%), Hispanic children (37.1%), and non-Hispanic children (32.1%).

Medical Home Strategies. This page summarizes the latest strategies and practices that have emerged as potential approaches for increasing the percent of children with and without special health care needs, ages 0 through 17, who have a medical home. It provides a framework to identify, understand, and implement "what works" in creating new or strengthening current Evidence-based/Informed Strategy Measures (ESMs). Use the links below to access strategy and practice details, approaches, supporting evidence, outcomes, and examples of how Title V agencies are either using these strategies directly or adopting components of the intervention that address this NPM.

Evidence-Based/Informed Strategies. 10 strategies have emerged from studies in the scientific literature as being effective in advancing the NPM. They can be adopted or adapted to meet your program needs. More information on these strategies can be found in the MCH Evidence Center's **MCHbest** database.

Evidence-Informed or Evidence-Based	Evidence-Informed	Evidence-Based	Evidence-Based	Evidence-Based	Evidence-Based	
EVIDENCE AGAINST	MIXED EVIDENCE	EMERGING EVIDENCE	EXPERT OPINION	MODERATE EVIDENCE	SCIENTIFICALLY RIGOROUS	
	<ul style="list-style-type: none"> • Dedicated Care Coordinators (2022) • Policies to Promote Medical Home (2023) • Provider Alliance and Mid-Level Providers (2022) • Provider-School Partnerships (2021) • Shared Care Coordination with Home Visiting (2023) 			<ul style="list-style-type: none"> • Federally Qualified Health Centers (FQHCs) (2023) • Nurse Practitioner Scope of Practice (2017) • Patient Navigators (2016) • Practice Coaches/Facilitators (2019) • School-Based Health Centers (2023) 		

Field-Based Practices. 22 practices from state-/community-based programs have emerged as potential approaches for advancing the NPM for specific communities or populations. They can be used as models to meet your program needs. More information can be found in the Association of Maternal and Child Health Programs' (AMCHP's) **Innovation Hub**.

Cutting-Edge	Emerging	Promising	Best
<ul style="list-style-type: none"> • Cultural Brokerage (Virginia) • School Nurse Education (Missouri) • Telehealth Lending Library (Utah) 	<ul style="list-style-type: none"> • Family-Centered Care Coordination (Virginia Iowa) • LEND Training (Tennessee) • Medical Home for Foster Care (Florida) • Primary Care Provider Training (Tennessee) • Publicly Financed Palliative Care Model (Florida) • Virtual Autism Diagnostic Clinic (Pennsylvania) 	<ul style="list-style-type: none"> • Community-based Care Coordination (Oregon) • County System Care Coordination (California) • Integrated Mental Health Services (New York) • Community Team (Pennsylvania) • Statewide Leadership Initiative (Washington) • Telehealth Autism Screening (Tennessee) • Youth Advocacy (National Wisconsin) 	<ul style="list-style-type: none"> • Culturally Competent Community Health Workers (South Carolina) • Early Childhood Mental Health Care (Massachusetts) • Family Connectors (National) • Family-Driven Systems Change (North Carolina) • Teen Educator Program (Wisconsin) • Telemedicine (New York)

NCEMCH | Georgetown University | Evidence Accelerators 3

Key Findings.

- The following are key findings emerging from the literature:
1. There is limited rigorous evidence about effective interventions to increase access to a medical home for children with and without special health care needs.²⁵
 2. The identified interventions for this NPM overall were focused on all children with no strategy specifically targeting CYSHCN.²⁵
 3. The studies identified partnerships and care coordination as mechanisms to improve access to care within the medical home model.²⁶
 4. Use of community collaborators, such as School-Based Health Centers (SBHCs) and outreach via community care coordinators, resulted in more children receiving care within the medical home model. More specifically, collaborations with SBHCs, home visiting programs, or use of enhanced care coordination in underserved, urban neighborhoods or with children in foster care led to positive outcomes. These impacts include increased contact with the medical home model for well-child visits, access to specialty care, better adherence with disease management, and dental care.²⁷
 5. A shift in policy was found to increase access to a medical home for children receiving Medicaid. Moving from a traditional fee-for-service model of health care financing and delivery to a primary care case management model by a Medicaid program resulted in more targeted identification and support for children and their families to enter into a medical home model of care.²⁸

Discussion: Research, Practice, Partnership.

Research. Multiple strategies are emerging as potential approaches to advance this NPM, but they have not been studied with enough rigor to be included in the evidence-based continuum. Additional research is needed to verify outcomes, but initial studies have shown promise of these strategies in MCH settings:

- Developing robust, comprehensive telehealth coverage to expand the reach of the medical home, reduce inequities, and improve the health and well-being of children, particularly CYSHCN and children without access to high-quality care.²⁹

- Offering innovative education and training, such as using a parent-led curriculum for interprofessional students to build the knowledge and skills necessary for establishing a medical home in the future.³⁰
- Practice.** The following tools can be used to translate evidence to action to advance this NPM:
- [Fostering Partnership and Teamwork in the Pediatric Medical Home](#) (AAP). This video series shows pediatric practices how to build a stronger medical home through collaboration.
 - [The Medical Home Index: Pediatric](#) (Center for Medical Home Improvement). This tool is designed to translate the broad indicators defining the medical home into observable, tangible behaviors and processes of care.
- Partnership.** The following organizations focus efforts on supporting the medical home model:
- [AAP Medical Home Resources](#). Provides tools and resources to assist families, practices, and others with pediatric medical home implementation.
 - [Primary Care Collaborative](#). Focuses on advancing an effective health system built on a strong foundation of primary care and the medical home.



Frameworks and Tools for "What Works."

Use this accelerator to strengthen current or new programs that align with multiple MCH frameworks across domains and settings. Access toolkits related to these frameworks for additional resources:

- [MCH Evidence Framework](#)
- [Blueprint for Change for CYSHCN](#)
- [Maternal Health Toolkit](#)
- [Life Course and Social Determinants Brief](#)

Need More Help? [Contact us for training and technical assistance](#) customized to your needs.

Let's Talk Specifics...Medical Home: Overall

(10 strategies)



Level:
 3 Individual/Family Focused
 7 Community-Focused

- [Dedicated Care Coordinators](#) (2022)
- [Policies to Promote Medical Home](#) (2023)
- [Provider Alliance and Mid-Level Providers](#) (2022)
 - [Provider-School Partnerships](#) (2021)
- [Shared Care Coordination with Home Visiting](#) (2023)
- [Federally Qualified Health Centers \(FQHCs\)](#) (2023)
- [Nurse Practitioner Scope of Practice](#) (2017)
- [Patient Navigators](#) (2016)
 - [Practice Coaches/Facilitators](#) (2019)
 - [School-Based Health Centers](#) (2023)

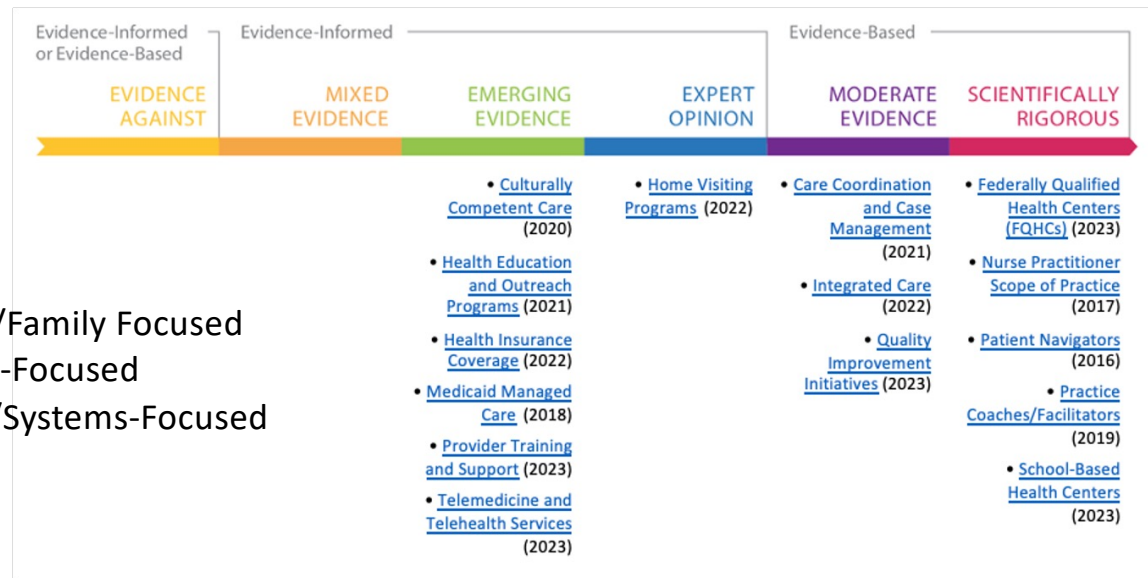


<https://www.mchevidence.org/tools/accelerators/>
<https://www.mchevidence.org/tools/strategies/search/>

Medical Home: Personal Doctor or Nurse

(15 strategies)

Level:
 11 Individual/Family Focused
 2 Community-Focused
 2 Population/Systems-Focused



Adolescents – (2)

Health Care Providers and Staff/Practices – (5)

CYSHCN and Children with Disabilities – (1)

Families (caregivers/parents, children, relatives) – (1)

Children – (5)

Education Providers – (1)

Plan Upstream: Results-Based Accountability

Population Accountability: We SHARE responsibility

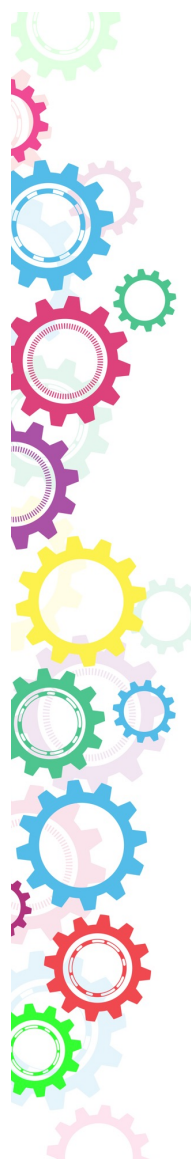
Result	Children to live to their first birthday
Indicators	NOM 9.5: Sudden Unexpected Infant Death (SUID) rate per 100,000 live births NPM 5: Percent of infants placed to sleep on their backs

Performance Accountability: We OWN responsibility

Measures	1 – How much did we do?	2 – How well did we do it?
	# of hospitals that report having a safe sleep policy	% of hospital systems partnered with Title V safe sleep initiatives
	3 – Is anyone better off? (Quantity)	4 – Is anyone better off? (Quality)
	# of WIC and MIECHV clients who report an enhanced understanding of safe sleep practices following a structured counseling session	% of staff in state Medical examiner's office who report an increased understanding in SIDS/SUIDS coding % of infants placed to sleep on their back in Baby Friendly hospitals



Source: Equity & Results, Anti-Racist RBA Training, Spring 2023



Results-Based Accountability

1

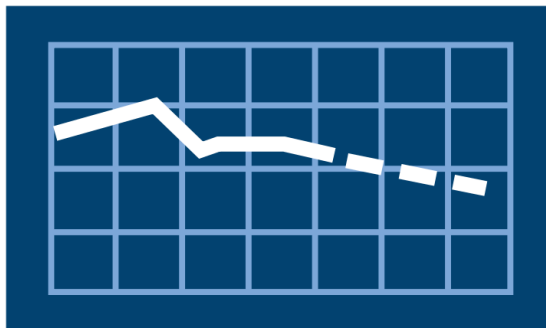
What is the "end"?

Choose either a result and indicator or a performance measure.

2

How are we doing?

Graph the historic baseline and forecast for the indicator or performance measure.



3

What is the story behind the curve of the baseline?

Briefly explain the story behind the baseline: the factors (positive and negative, internal and external) that are most strongly influencing the curve of the baseline.

4

Who are partners who have a role to play in turning the curve?

Identify partners who might have a role to play in turning the curve of the baseline.

5

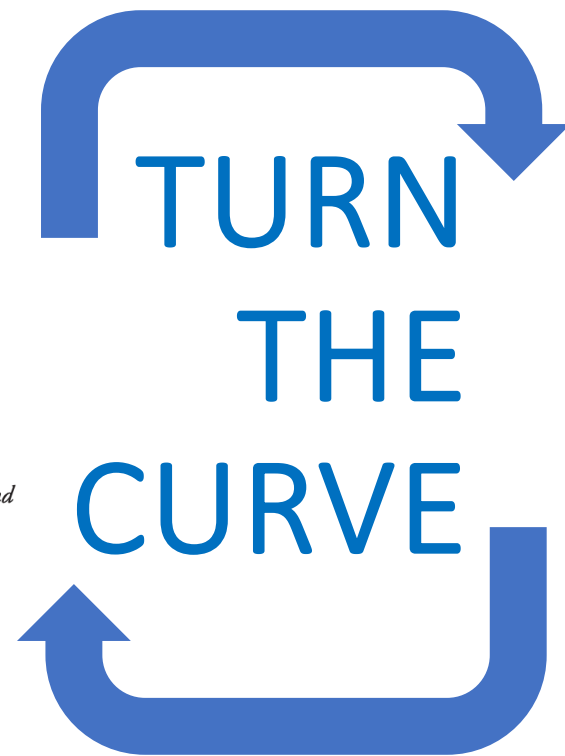
What works to turn the curve?

*Determine what would work to turn the curve of the baseline.
Include no-cost/low-cost strategies.*

6

What do we propose to do to turn the curve?

Determine what you and your partners propose to do to turn the curve of the baseline.



Pause, Breathe, and Questions



Group Work: Strategy Planning Tool

NCEMCH | Georgetown University | mchevidence.org

CH EVIDENCE Strategy Planning Tool

Developing Strategies to Address Populations and Performance

Introduction and Instructions. The purpose of this tool is to help MCH Title V agencies and partners use Results-Based Accountability (RBA) and Root-Cause Analysis (RCA) to understand the story behind the data, identify ideas for achieving desired results, and develop an action plan to "turn the curve" and improve health outcomes.

1. WHAT IS OUR GOAL? Identify your goal and what it looks like. Your goal could either be focused on improving the quality of life for a population or focused on improving the performance of a program or agency. You may have multiple indicators to address your goal.

2. HOW ARE WE DOING? To understand where we've been and where we're going, start by graphing general data trends.

3. WHAT IS THE STORY BEHIND THE CURVE? Why does the curve look like this? Dig deep for causes, barriers, and contributing factors.

4. WHO ARE OUR PARTNERS? Who has a role to play in doing better?

5. IDENTIFY YOUR PARTNERS' KEY ASSETS

6. EQUITY DEEP DIVE

7. ADDRESSING MORE

8. RCA EQUITY TIP

9. PRIORITIZE

10. ASK YOURSELF

11. GATHER

12. ADDRESS

13. MEASUREMENT & MONITORING

14. HEALTH EQUITY & SDOH

15. BEHAVIORS & BELIEFS

16. DETERMINE ROOT CAUSES

17. ENVIRONMENT & COMMUNITY

18. PEOPLE & PARTNERSHIPS

19. POLICIES & PROCEDURES

20. YOUR GOAL

21. ROOT CAUSES

22. PARTNER

23. WHAT CAN THEY CONTRIBUTE?

24. MEETING SPACES

25. COMMUNITY CONNECTIONS

26. CULTURAL KNOWLEDGE

27. OUTREACH

28. DATA EXPERTISE

29. POLICY INFLUENCE

30. EDUCATIONAL MATERIALS

31. RESEARCH SKILLS

32. EVALUATION SKILLS

33. SDOH LINKAGES

34. EVIDENCE-BASED PRACTICES

35. SOCIAL MEDIA REACH

36. FINANCIAL/FUNDING

37. SYSTEMS THINKING

38. LANGUAGE SERVICES

39. TECHNICAL INFRASTRUCTURE

40. LEADERSHIP/MANAGEMENT

41. TRANSPORTATION

42. LEGAL EXPERTISE

43. VOLUNTEERS

44. LIVED EXPERIENCE

45. YOUTH ENGAGEMENT

NCEMCH | Georgetown University | mchevidence.org

6. WHAT WORKS? Brainstorm strategies to address root causes of the issue.

7. WHAT IS OUR ACTION PLAN? What are we going to do to Turn the Curve?

8. HOW ARE WE GOING TO MEASURE PROGRESS? Develop ESMs that are meaningful, measurable, and moveable.

9. QUADRANT 1: What/how much did we do (E)?

10. QUADRANT 2: How well did we do it (W)?

11. QUADRANT 3: How well did we do it (W)?

12. QUADRANT 4: How is the audience better off?

13. HEALTH EQUITY CONSIDERATIONS:

Final ESM:

Public Square Test Criteria

SILVER Test

Table: SILVER Test Results

SILVER	Strategy 1:	Strategy 2:	Strategy 3:
Specificity			
Improvement			
Leverage			
Values			
Evidence			
Reach			

Table: Quadrant 1 Data

Quantity/How Much?	Quality/How Well?
<p>Tip:</p> <ul style="list-style-type: none"> Use Quadrant 1 measures sparingly, only when no other data exists Number individuals served, activities done Try to convert to Quadrant 2 by strategically determining a denominator <p>Standard:</p> <ul style="list-style-type: none"> Identify which group you serve (customers) Develop potential ESMs based on: <ul style="list-style-type: none"> Audience (# of individuals served) Activities (# of deliverables performed) <p>NOTE: Quadrant 1 measures are typically "output" versions of Quadrant 4 measures and should be avoided if possible unless there is a need to improve your measures with these key facts:</p> <p>TIPS FOR STRONG ESMs:</p> <ul style="list-style-type: none"> Meaningful. Consider if the measure: <ul style="list-style-type: none"> Is related to the evidence base Documents the role of Title V Has direct relationship to the NPM/SM Is feasible relative to state priorities and funding Reflects the needs of your populations and partners Measurable. Consider if the measure: <ul style="list-style-type: none"> Is quantifiable, well-defined, and specific Has data that will measure improvement over time Is actionable. Consider if the measure: <ul style="list-style-type: none"> Can show improvement over multiple assessments Is effective with multiple groups 	<p>Tip:</p> <ul style="list-style-type: none"> Quadrant 2 measures program outputs and are preferred over Quadrant 1 Percent: how well you performed activities... reach, satisfaction, quality <p>Develop potential ESMs based on:</p> <ul style="list-style-type: none"> Reach (% of audience served) Time (% of activities within timeframe) Quality (% reading accuracy/satisfaction) Satisfaction (% of audience satisfied) <p>QUADRANT 4: How is the audience better off?</p> <p>Tip:</p> <ul style="list-style-type: none"> ESM tracking short-term outcomes are acceptable, especially when they track a subpopulation receiving Title V services, but may be too downstream to track true Title V impact. Consider focusing on short-term process measures that show changes in knowledge/attitudes, health behavior, or access to/ receipt of care. <p>Develop potential ESMs based on:</p> <ul style="list-style-type: none"> Knowledge/Skill/Attitude (%) Health Behavior (%) Access to/Receipt of Care (%)

Table: Health Equity Considerations

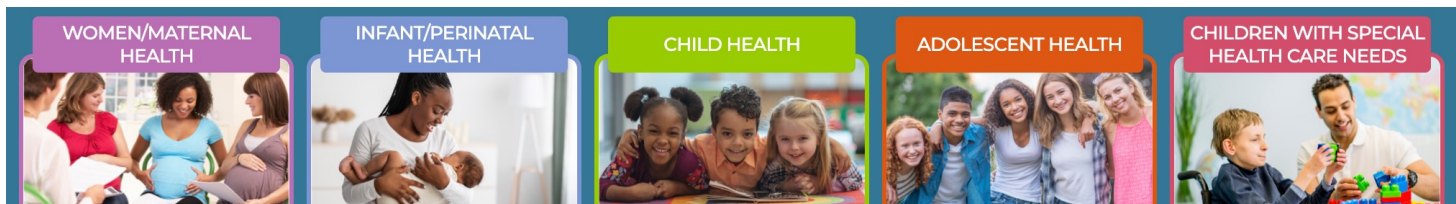
Are groups affected by this measure involved in planning?	Can we focus on a specific group to address disparities?
Are groups affected by this measure impacted differently?	
Could this measure ignore or worsen existing disparities?	

Table: Final ESM

How well various communities perceive this measure?	
Can we focus on a specific group to address disparities?	

Note: This tool is based on the Results-Based Accountability (RBA)™ framework developed by Mark Friedman, author of *Trying Hard is Not Good Enough*, and the Fishbone/Mixdown Diagram created by Keesu Mikawa. This project is supported by the Health Resources and Service Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under grant number 5U49CE001413. MCH Advanced Education Policy, 5/3/16. The information contained and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.

Remember These?!?



National Performance Measures (NPMs)

1 Postpartum Visit (Universal)	7 Risk Appropriate Perinatal Care	10 Medical Home (Universal) • Personal Doctor or Nurse • Usual Source of Sick Care • Family Centered Care • Referrals • Care Coordination	20 Adolescent Well-Visit	Medical Home (Universal) • Personal Doctor or Nurse • Usual Source of Sick Care • Family Centered Care • Referrals • Care Coordination
2 Preventive Dental Visit	8 Breastfeeding	11 Childhood Vaccinations	21 Mental Health Treatment	
3 Postpartum Mental Health Screening	9 Safe Sleep	12 Developmental Screening	22 Transition to Adult Health Care	
4 Postpartum Contraception Use	Perinatal Care Discrimination	13 Preventive Dental Visit	23 Tobacco Use	Transition to Adult Health Care
5 Perinatal Care Discrimination	Housing Instability	14 Physical Activity	24 Adult Mentor	Bullying
6 Housing Instability	Housing Instability	15 Food Sufficiency	25 Bullying	

KEY: DOMAINS OF ACTION

- CLINICAL HEALTH SYSTEMS
- HEALTH BEHAVIORS
- SOCIAL DETERMINANTS OF HEALTH

Standardized Measures (SMs)

25 Early Prenatal Care	28 Low-Risk Cesarean Delivery	MMR, Flu, HPV (Vaccinations)	32 Adolescent Physical Activity	MULTIPLE POPULATION DOMAINS
27 Well-Woman Visit	29 Drinking During Pregnancy	Smoking: Household	33 Uninsured	
	30 Smoking: Pregnancy		34 Adequate Insurance	
			35 Foregone Health Care	

Steps 1 and 2: Goals and Data

1 **WHAT IS OUR GOAL?** Identify your goal and what it looks like. Your goal could either be focused on improving the quality of life for a population or focused on improving the performance of a program or agency. You may have multiple indicators to address your goal.



YOUR GOAL

Example: All women who have given birth have access to high-quality perinatal care within the recommended time frame.

(Result: NOM)



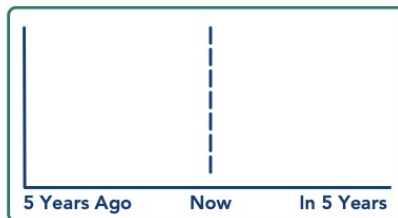
WHAT IT LOOKS LIKE

Example: Increase access to postpartum visits among women.

(Indicator: NPM/SM)

2 **HOW ARE WE DOING?** To understand where we've been and where we're going, start by graphing general data trends.

Instructions. Graph the past (A), current (B), and projected future (C and D) data for your selected indicator. Use a new worksheet for each indicator.



- A. Where were we five years ago?
- B. Where are we now?
- C. Where do we want to be in five years?
- D. Where might we end up if we don't take action?



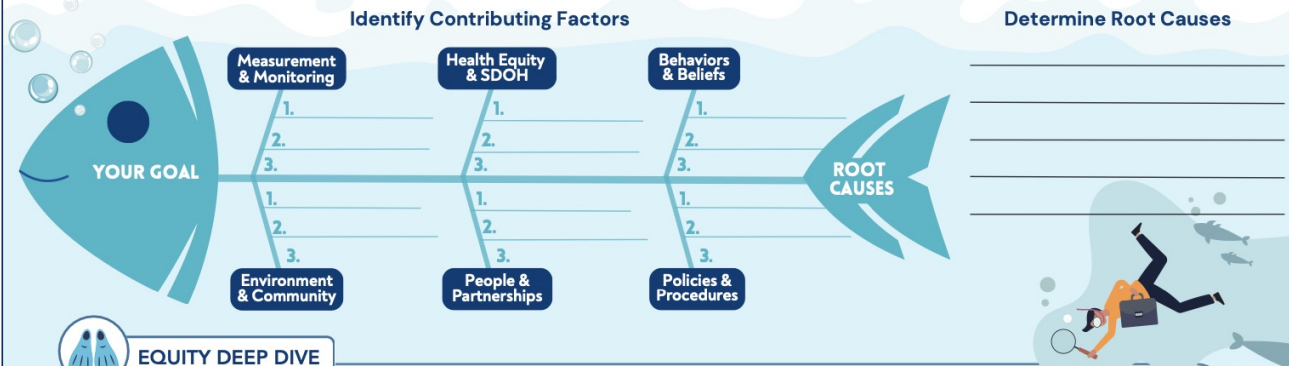
Dive Into Your Data:
What Does Your Graph Reveal?

- What patterns do you see in your data over time?
- How does your data compare to national and/or regional benchmarks?
- Are there disparities among groups? If so, which groups and to what extent?
- What factors might explain these trends?

Steps 3 and 4: Root Causes and Partners

3 WHAT IS THE STORY BEHIND THE CURVE? Why does the curve look like this? Dig deep for **causes, barriers, and contributing factors**.

Instructions. Complete the following Fishbone Diagram by identifying contributing factors, and determining root causes. Mark the most important causes with a ★ and a ↑ or ↓ for positive/negative contributing factors. Circle the factors that are driving inequities.



EQUITY DEEP DIVE

Consider

4 WHO ARE OUR PARTNERS? Who has a role to play in doing better?

Instructions. Identify individuals, organizations, and groups who can help address root causes. Don't forget to brainstorm new partners.

PARTNER	WHAT CAN THEY CONTRIBUTE?

IDENTIFY YOUR PARTNERS' KEY ASSETS

(Check all that apply)

- Community Connections
- Cultural Knowledge
- Data Expertise
- Educational Materials
- Evaluation Skills
- Evidence-Based Practices
- Financial/Funding
- Language Services
- Leadership/Management
- Legal Expertise
- Lived Experience
- Meeting Spaces
- Mental Health Support
- Outreach
- Policy Influence
- Research Skills
- SDOH Linkages
- Social Media Reach
- Systems Thinking
- Technical Infrastructure
- Transportation
- Volunteers
- Youth Engagement



Step 5: Brainstorming What Works

5 **WHAT WORKS?** Brainstorm strategies to address root causes of the issue.

Instructions. Connect each strategy to a root cause from step two. Consider the Public Square Test criteria as you brainstorm and include at least one low/no-cost strategy.

ROOT CAUSE <i>(e.g., Lack of transportation)</i>	STRATEGY (What Will Title V Do?) <i>(e.g., Implement a mobile health clinic program)</i>

Public Square Test Criteria

If you had to explain your indicator, root cause, and idea in a public square, would it have the power to be understood, represent your goals, and be measurable? Each indicator and idea should meet all three criteria below.

- 1 Communication Power:** Can this idea be easily explained to a broad, diverse audience?
- 2 Proxy Power:** Does this idea represent a central aspect of the desired result? If you measure this idea over time, would it serve as a proxy for improvement overall?
- 3 Data Power:** Can we measure this idea with quality, timely, and reliable data?

Step 6: Evidence-Based Strategies

6 WHAT IS OUR ACTION PLAN? What are we going to do to Turn the Curve?



Start with the Science. Visit the [Evidence Accelerators](#) and the [MCHbest Database](#) to align your strategies with the evidence-base. You can adopt or adapt evidence-based/informed strategies that have shown effectiveness in advancing the NPM or SM.





Shorten Your Strategy Options. Use the chart below to identify which strategy/strategies will work best to Turn the Curve. Rate **High/Medium/Low** for each component of the SILVER Test and add any additional notes as part of your analysis. Consider the strategies that rate the highest and move these forward immediately to develop ESMs (see next step); other highly-rated strategies can move forward in subsequent years.

SILVER Test

- 1 **Specificity:** Is the strategy specific enough to be implemented? Does it have a timeline, deliverables, and budget details?
- 2 **Improvement:** Is the strategy strong enough to improve the outcome?
- 3 **Leverage:** How much difference will the strategy make? Does it address specific root causes?
- 4 **Values:** Is the strategy consistent with the values of the community? Will it be adopted?
- 5 **Evidence:** Is the strategy evidence-based/informed? Can you align it with MCHbest, Innovation Hub, or the literature?
- 6 **Reach:** Is it feasible and affordable? Can it actually be done and by when?

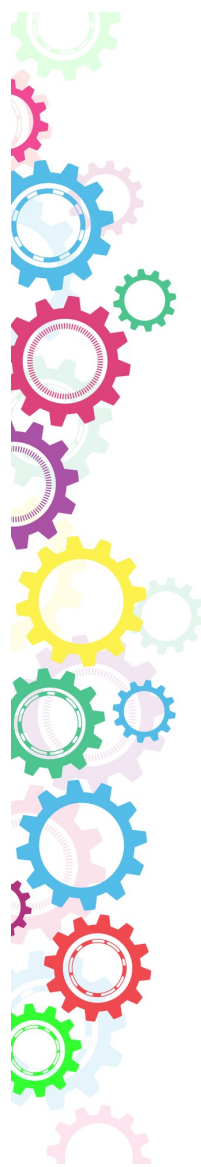
SILVER	Strategy 1: _____	Strategy 2: _____	Strategy 3: _____
Specificity			
Improvement			
Leverage			
Values			
Evidence			
Reach			

Measurement and Strong ESMs

	Quantity/How Much?	Quality/How Well?
Effort	 <p>QUADRANT 1: What/how much did we do (#)? (Number/Counts and 'Yes/No' Activities)</p> <p>Tips:</p> <ul style="list-style-type: none"> Use Quadrant 1 measures sparingly, only when no other data exists Number: individuals served, activities done Try to convert to Quadrant 2 by strategically determining a denominator <p>Start here: Identify which group you serve ('customers'): _____ (Consider focusing on those disproportionately affected by inequities)</p> <p>Develop potential ESMs based on:</p> <p>Audience (# of individuals served): _____ (e.g., # of pediatricians who received unconscious bias training)</p> <p>Activities (# of deliverables performed): _____ (e.g., # of brochures distributed to families receiving WIC services)</p>	 <p>QUADRANT 2: How well did we do it (%)? (% of Reach; Satisfaction) </p> <p>Tips:</p> <ul style="list-style-type: none"> Quadrant 2 measures program outputs and are preferred over Quadrant 1 Percent: how well you performed activities... reach, satisfaction, quality <p>Develop potential ESMs based on:</p> <p>Reach (% of audience served): _____ (e.g., % of families in NICUs who received Title V-developed safe sleep brochures)</p> <p>Timeliness (% of activities within timeframe): _____ (e.g., % of nursing staff who received training on infant safe sleep within 1 month of being hired.)</p> <p>Quality (% meeting accuracy/standards): _____ (e.g., % of practices implementing breastfeeding guidelines)</p> <p>Satisfaction (% of audience satisfied): _____ (e.g., % of adolescents satisfied with transition plan provided by Title V programs)</p>
Effect	<p><i>NOTE: Quadrant 3 measures are typically "weaker" versions of Quadrant 4 measures and should be avoided, if possible. Instead, think of ways to improve your measures with these tips below...</i></p> <p>TIPS FOR STRONG ESMs</p> <p>Meaningful. Consider if the measure:</p> <ul style="list-style-type: none"> Is rooted in the evidence-base Documents the role of Title V Has direct relationship to the NPM/SM Is feasible relative to state priorities and funding Reflects the needs of your population and partners <p>Measurable. Consider if the measure:</p> <ul style="list-style-type: none"> Is quantifiable, well-defined, and specific Has data that will measure improvement over time <p>Moveable. Consider if the measure:</p> <ul style="list-style-type: none"> Can show improvement over multiple assessments Is effective with multiple population groups 	<p>QUADRANT 4: How is the audience better off? (% Measuring Quality of Change) </p> <p>Tips:</p> <ul style="list-style-type: none"> ESMs tracking short-term outcomes are acceptable, especially when they track a subpopulation receiving Title V services, but too downstream to track true Title V impact. Consider focusing on short-term process measures that show changes in knowledge, skills, attitudes, health behavior, or access to/receipt of care. <p>Develop potential ESMs based on:</p> <p>Knowledge/Skills/Attitude (%): _____ (e.g., % of teachers reporting increased knowledge after anti-bullying workshop)</p> <p>Health Behavior (%): _____ (e.g., % of families adhering to safe sleep practices after Title-V funded training)</p> <p>Access to/Receipt of Care (%): _____ (e.g., % of adolescents in Title V pilot program who report having an adult mentor)</p>



Breathe and Stretch; Let's Get Those Tools!



Questions, Gallery Walk, and Contacts



**National Center for Education
in Maternal and Child Health**
Georgetown University



CONNECT WITH US

- **John Richards**
jrichards@ncemch.org

