

Participant expectations

- **Full participation and active engagement in all activities.** This is true to the concept of a “lab,” in which learning and progress occur through openness and continued experimentation. Presence is not only an investment in your growth but a contribution to your peers’ ability to benefit from this experience.
- **At least monthly contact with a matched mentor.** This can be a video/phone call or even a mutually acceptable email exchange. Mentors are volunteering their time and energy, so it is important to honor commitments to planned check-ins or provide timely communication if unexpected conflicts arise.
- **Completion of all program evaluations.** This information helps us continuously tailor the program to participant needs (within and across years) and advocate for expanded funding that supports equitable access to individual leadership development in the context of systems change.

Timeline and description of activities

This year’s content highlight will be **Honoring Lived Experience: From Intentional to Instinctive Practice**. We will deeply explore this eighth [MCH Leadership Competency](#) (scroll to pg. 19) through didactic presentation, interprofessional dialogue, and interactive activities that require participants to reflect on their experiences and consider the applicability of concepts to their current and prospective efforts. This theme will be introduced during the orientation – with an emphasis on framing “lived experience” to include birthing people in addition to CYSHCN and their families – and reinforced during cross-cohort webinars that focus on characteristics, conditions, and skills required to fluently embed this value across practice settings. These include:

- Humility and “undoing” (harm and trauma, professional socialization, etc.)
- Power sharing (relational, institutional, etc.) and asset development
- Challenging and changing the direction of research, policy, and program administration

October 7, 2024	Orientation: 90-minute webinar to facilitate participant, mentor, and cohort lead introductions, review program components and timeline, and share expectations.
October 17, 2024	Everything DiSC Workplace training: three-hour intensive training with a team of contracted professional facilitators that introduces the DiSC model and how to interpret/use assessment results. <i>Participants, mentors, and staff will complete the DiSC assessment in advance.</i>
November 2024	Cohort-specific session 1: Responsive, thoughtfully sequenced opportunity for members of the same cohort to learn, grow, and build community with support from mentors and AMCHP staff.
December 2024	Cross-cohort webinar A: 90-minute webinar that uses multiple approaches (didactic presentation, group discussion, etc.) to address and unpack humility as a critical component of honoring lived experience in Title V practice. <i>In the 30 minutes immediately following:</i> <ul style="list-style-type: none"> • <u>Participants</u> will complete a group application activity or do a brief individual “stretch assignment” due within a week. • <u>Mentors</u> will join an optional (required for first-time mentors) “nourishment session” for community building and peer support.
January 2025	Cohort-specific session 2: Responsive and thoughtfully sequenced opportunity for members of the same cohort to learn, grow, and build community with support from mentors and AMCHP staff.
February 2025	Cross-cohort webinar B: 90-minute webinar that uses multiple approaches to address and unpack power sharing as a critical component of honoring lived experience in Title V practice. <i>In the 30 minutes immediately following:</i> <ul style="list-style-type: none"> • <u>Participants</u> will complete a group application activity or do a brief individual “stretch assignment” due within a week. • <u>Mentors</u> will join an optional (required for first-time mentors) “nourishment session” for community building and peer support.
March 2025	Cohort-specific session 3: Responsive and thoughtfully sequenced opportunity for members of the same cohort to learn, grow, and build community with support from mentors and AMCHP staff.
March 2025	Informal in-person gathering opportunities at the AMCHP Annual Conference (Washington, DC).
April 2025 (early)	Cross-cohort webinar C: 90-minute webinar that uses multiple approaches to address and unpack challenging and changing systems as a critical component of honoring lived experience in Title V practice. <i>In the 30 minutes immediately following:</i> <ul style="list-style-type: none"> • <u>Participants</u> will complete a group application activity or do a brief individual “stretch assignment” due within a week. • <u>Mentors</u> will join an optional (required for first-time mentors) “nourishment session” for community building and peer support.
April 2025 (late)	Cohort-specific session 4: Responsive and thoughtfully sequenced opportunity for members of the same cohort to learn, grow, and build community with support from mentors and AMCHP staff.
May 2025	Commencement: 90-minute celebration of participant growth and accomplishments that includes opportunities for reflection, engagement, and community building.