

# Accessibility Review for TRACK Trails

## Henderson County Department of Public Health – Innovative Approaches Kids in Parks TRACK Trails

Location of Review: \_\_\_\_\_ (outdoor park or recreational space)


Date of Review: \_\_\_\_\_

- Please write comments in each adjacent box. If not applicable, please respond N/A.
- For “yes” or “no” questions, please circle or check appropriate box and record notes in adjacent box.

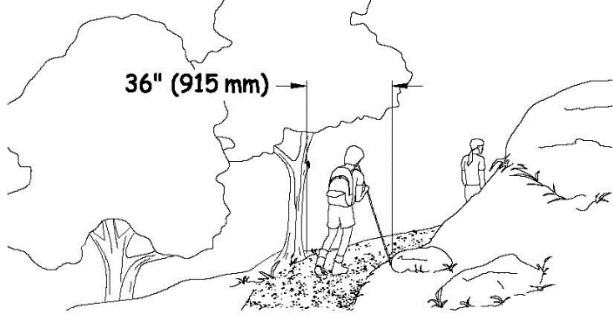
### Customer Service

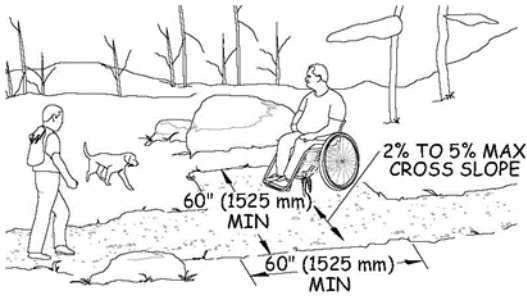
1. How would you prefer we address you and your child today?	
2. What would you like others to know about your child?	
3. Have you ever been to this park?	
4. Have you ever been to any Kids in Parks TRACK Trail? If so, which one(s)?	
5. Where do you usually take your child when you want to engage in outdoor activity?	
6. Why were you interested in participating in this Accessibility Review today?	

## Accessible Routes / Entrance

1. Was it easy for you to access the parking lot area?	Yes	No	<b>Notes</b>
2. Are surfaces along accessible stable, smooth, firm and slip resistant?	Yes	No	
3. Are accessible routes ample in size for you and your child to navigate (walk side by side, turn around, etc.)?	Yes	No	
			
4. Is the main entrance to the park accessible? If no, is there an alternate entrance with signs indicating the nearest accessible entrance?	Yes	No	
5. Did you use steps when you entered the park? <ul style="list-style-type: none"> <li>Do steps have handrails on both sides with extension on top and bottom?</li> <li>Do steps have contrast edge marking?</li> </ul>	Yes <input type="checkbox"/>	No <input type="checkbox"/>	
6. Did you use a ramp when you entered the park?  If yes, was the ramp appropriate for your needs?	Yes <input type="checkbox"/>	No <input type="checkbox"/>	

## Circulation Path / Surfaces

1. Is there a clear accessible path of travel through all public spaces?	Yes	No	<b>Notes</b>
			
2. Are accessible paths of travel free of stairs, steep inclines with a stable, firm and slip resistant surface?	Yes	No	

3. Are path surfaces firm and stable (concrete, asphalt)?	Yes	No	
4. Are path surfaces firm and stable, but with natural materials (crushed stone, packed soil)?	Yes	No	
5. Are overhead or protruding objects detected (constructed, not natural features)?	Yes	No	
6. Are natural features that might be considered protruding objects able to be cleared with regular trail maintenance?	Yes	No	
7. Are their passing spaces (trail width more than 60 inches, or dedicated segment on the trail that allows for turning around)?	Yes	No	
 <p>Figure 4—Minimum dimensions for a passing space.</p>			
8. Are there any areas where slope (grade) impedes your child's travel (lengthwise or cross slope)?	Yes	No	
9. Are there adequate resting intervals? {Resting intervals are level areas that provide an opportunity for people to stop after a steep segment and recover before continuing. Resting intervals are required between trail segments any time the running slope exceeds 1:20 (5 percent)}	Yes	No	
10. Are there areas where openings or gaps (drainage grates, planks on a bridge, etc.) are potential hazards?	Yes	No	

## Brochures/Enrichment

	Yes	No	Notes
1. Where TRACK Trails brochures available or in stock?	Yes	No	
2. Are the brochures located at a safe and reasonable height?	Yes	No	

3. Do the brochures adequately communicate essential trail information?	Yes	No	
4. Are there areas along the trail that encourage exploration and discovery (sensory, touching, listening, smelling)?	Yes	No	
5. Are their areas along the trail that might be <u>too</u> overwhelming or over-stimulating?	Yes	No	
6. Do you believe the brochure and trail consider safety in their design?	Yes	No	
7. Do you believe you and your child can travel the trail at your own pace?	Yes	No	
8. Did the brochure help you and your child connect with nature and make new discoveries?	Yes	No	
9. How could the brochure be improved to help YOUR child make new discoveries?			
10. Is there additional information you would like to see in the brochure? Please list in Notes.			

## Signage

1. Does the sign provide enough information at the beginning of the trail to allow you to make an informed decision before proceeding?	Yes	No	<b>Notes</b>
2. Are signs mounted at a height that is reasonable for viewing at seat height (recommended 48"-60")? 30" is ideal for children.	Yes	No	
3. Are permanent signs easily readable? High contract colors? Raised letters? Non-glare finish? Large Print?	Yes <input type="checkbox"/>	No <input type="checkbox"/>	
4. Do permanent signs have Braille?	Yes	No	

5. Would you find it helpful to have additional wayfinding signs or information along the trail? If so, what would help you navigate the trail better?	Yes	No	
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**Policies and Training**

1. Are there staff members available to answer your questions or meet accommodation requests?	Yes	No	<b>Notes</b>
2. To your knowledge, are there policies and procedures in place to ensure effective communication?	Yes	No	
3. Do you feel staff are trained to understand compliance and inclusivity as it relates to this park/trail?	Yes	No	

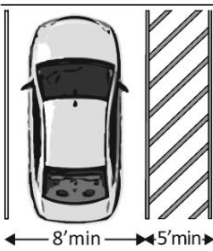
***Thank you for taking the time with us today!***

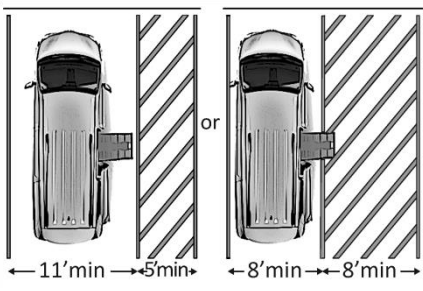
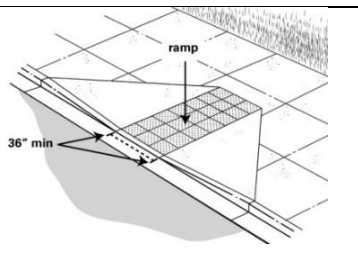
Your input is important and will help us ensure that everyone has access to the benefits of quality parks, outdoor recreation and experiences in nature.

**FOR STAFF:**

**Accessible Parking**

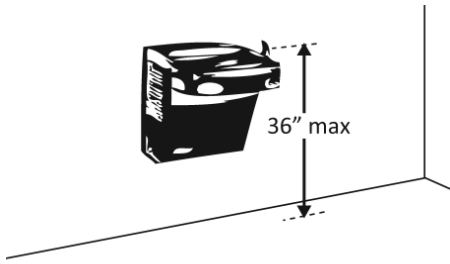
1. Do accessible spaces allow people to get out of their vehicles on a level, smooth surface?	Yes	No	<b>Notes</b>
2. Is each standard accessible space at least 8 feet wide with 5-foot access aisle?	Yes	No	



<p>3. Is each van accessible space at least 8 feet wide with 8-foot access aisle OR 11 feet wide with a 5-foot access aisle?</p>		Yes	No	
<p>4. Are hatch marks and striping visible to discourage inappropriate parking?</p>	Yes	No		
<p>5. Are appropriate number of accessible parking spaces provided*?</p>	Yes	No		
<p>6. Of the accessible spaces, are the appropriate number of van spaces provided (at least one of every six spaces)?</p>	Yes	No		
<p>7. Do accessible spaces have a sign that includes International Symbol of Accessibility, state the \$250 fine and general statute number?</p>	Yes	No		
<p>8. Are accessible parking spaces located on the shortest possible accessible route to the accessible building entrance (no more than 200ft)?</p>	Yes	No		
<p>9. Can person travel safely from accessible space to building's entrance (crosswalk, not behind vehicles)?</p>	Yes	No		
<p>10. Is there a curb cut to the sidewalk that is smooth, not too steep and at least 36 inches wide?</p>		Yes	No	

## Water Fountain

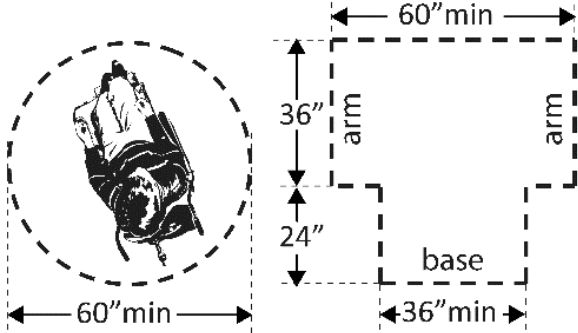
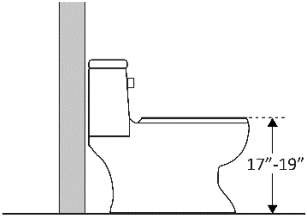
<p>1. Is there a water fountain with clear floor space of at least 30 x 48 inches in front?</p>	Yes	No	<b>Notes</b>
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<p>2. Is the water fountain accessible?</p> <ul style="list-style-type: none"> <li>• Spout no higher than 36 inches?</li> <li>• Knee clearance of 27 inches?</li> <li>• Controls on front or side near the front edge?</li> <li>• Controls operable with closed fist?</li> </ul>	<p>Yes</p>	<p>No</p>	
	<input type="checkbox"/>  <input type="checkbox"/>  <input type="checkbox"/>  <input type="checkbox"/>	<input type="checkbox"/>  <input type="checkbox"/>  <input type="checkbox"/>  <input type="checkbox"/>	

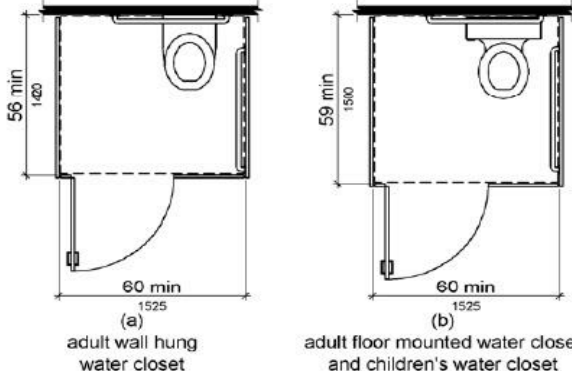
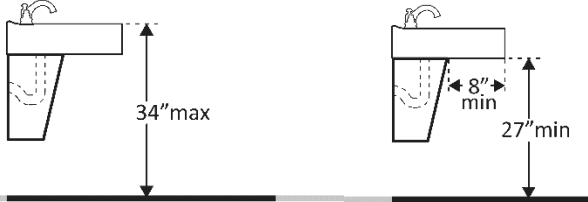
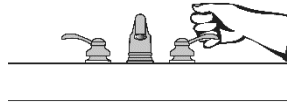
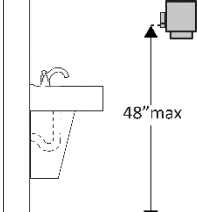
### Accessible Routes / Entrance

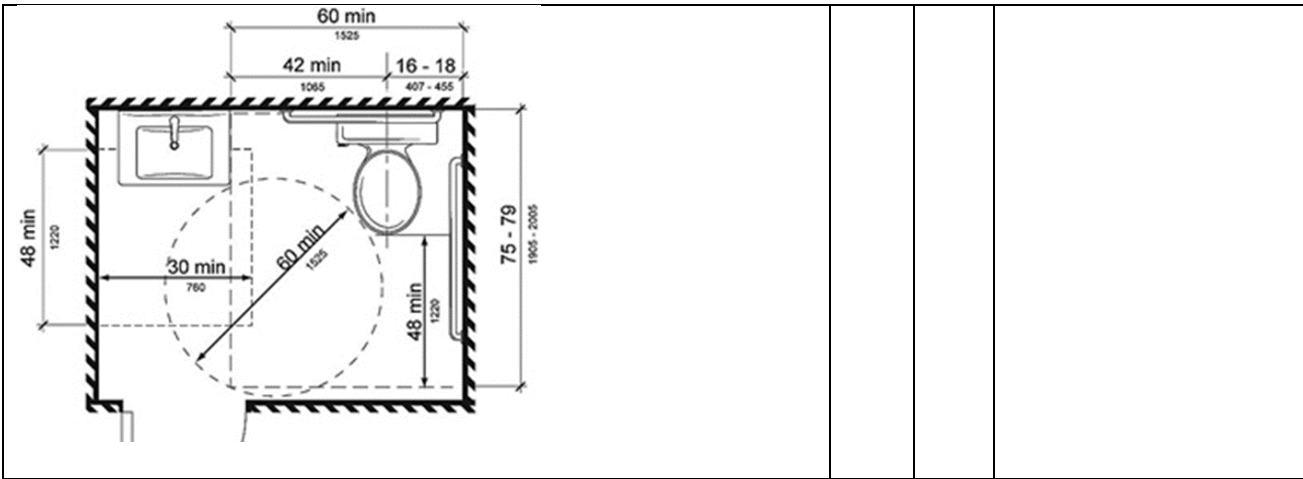
	Yes	No	<b>Notes</b>
<p>1. Are surfaces along accessible routes into the building stable, smooth, firm and slip resistant?</p>	Yes	No	
<p>2. Are accessible routes at least 36 inches wide?</p>	Yes	No	
<p>3. Is the main entrance accessible? If no, is there an alternate entrance with signs indicating the nearest accessible entrance?</p>	<input type="checkbox"/>  <input type="checkbox"/>	<input type="checkbox"/>  <input type="checkbox"/>	
<p>4. Are steps present? 5. Do steps have handrails on both sides with extension on top and bottom? 6. Do steps have contrast edge marking?</p>	<p>Yes</p> <input type="checkbox"/>  <input type="checkbox"/>	<p>No</p> <input type="checkbox"/>  <input type="checkbox"/>	
<p>7. Is a ramp present?</p> <ul style="list-style-type: none"> <li>• Is ramp slope appropriate? (12 inches in length for every 1 inch in rise)</li> <li>• Are there level landings at top and bottom?</li> <li>• Is ramp 36 inches wide?</li> <li>• Do ramp and landings have edge protection?</li> <li>• Does ramp have railings if longer than 6 feet?</li> </ul>	<p>Yes</p> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<p>No</p> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	

## Restrooms

	Yes	No	Notes
<p>1. Is entrance and interior of restroom accessible?</p> <ul style="list-style-type: none"> <li>• Doorway at least 32 inches wide</li> <li>• 36-inch-wide path of travel to each type of fixture (lavatory, hand dryer, etc.)</li> <li>• Space to turn around and maneuver?</li> </ul> 	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	
<p>2. Is there an accessible toilet stall?</p> <ul style="list-style-type: none"> <li>• Does door swing out?</li> <li>• Is door operable with a closed fist?</li> <li>• Is toilet height between 17-19 inches?</li> </ul>  <ul style="list-style-type: none"> <li>• Are grab bars on back and side walls?</li> <li>• Is there enough clear floor space (30x48 inches) to allow wheelchair transfer from side of the toilet?</li> <li>• Is toilet stall at least 60 inches wide?</li> </ul>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>  <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>  <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	



 <p>(a) adult wall hung water closet</p> <p>(b) adult floor mounted water closet and children's water closet</p>			
<p>3. Is the sink accessible?</p> <ul style="list-style-type: none"> <li>No more than 34 inches high?</li> <li>Clearance of 29 inches underneath with no sharp or abrasive surfaces?</li> <li>Do pipes contain protective cover?</li> </ul>  <ul style="list-style-type: none"> <li>Faucets can be operated with a closed fist?</li> </ul> 	<p>Yes</p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p>	<p>No</p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p> <p><input type="checkbox"/></p>	
<p>4. Is bottom of the mirror no more than 40 inches from the ground?</p>	<p>Yes</p>	<p>No</p>	
<p>5. Are soap dispensers reachable from seated position (48 inches or less)?</p>	<p>Yes</p>	<p>No</p>	
<p>6. Are paper towel dispensers and/or hand dryers reachable from seated position (48 inches or less)?</p>	<p>Yes</p>	<p>No</p>	
<p>7. Does <b>single occupant restroom</b> contain accessibility features listed above and allow 60 inch turning radius?</p>	<p>Yes</p>	<p>No</p>	



**References:**

The Americans with Disabilities Act Checklist for Readily Achievable Barrier Removal:  
[www.ada.gov/racheck.pdf](http://www.ada.gov/racheck.pdf)

2010 ADA Standards for Accessible Design:  
[www.ada.gov/regs2010/2010ADAStandards/2010ADASTandards.htm](http://www.ada.gov/regs2010/2010ADAStandards/2010ADASTandards.htm)

Accessibility Standards for Federal Outdoor Developed Areas - Trails  
<https://www.access-board.gov/guidelines-and-standards/recreation-facilities/outdoor-developed-areas/a-summary-of-accessibility-standards-for-federal-outdoor-developed-areas/trails>

Access to Medical Care for Individuals with Mobility Disabilities:  
[https://www.ada.gov/medcare\\_mobility\\_ta/medcare\\_ta.pdf](https://www.ada.gov/medcare_mobility_ta/medcare_ta.pdf)

This document was adapted from the North Carolina Office on Disability and Health Accessibility Review

**Innovative Approaches is supported through the NC Division of Child and Family Well Being**



**Additional Information**

**Conditions for Exceptions:**

In general, when considering the feasibility of constructing a new accessible trail, making improvements to increase accessibility on an existing trail, providing accessible trail features or constructing outdoor recreation or beach access routes, the following conditions would be considered as exceptions to these guidelines:

- Where compliance would cause substantial harm to cultural, historic religious or significant natural features or characteristics
- Where compliance would substantially alter the nature of the setting or the purpose of the trail
- Where compliance would require construction methods or materials that are prohibited by law
- Where compliance would not be feasible due to terrain or prevailing construction practices.

**Auxiliary aids and services** are items, equipment or services that assist in effective communication between a person who has a hearing, vision or speech disability and a person that does not. Here are some examples:

- Large print materials
- Braille materials
- Magnification or screen reader software
- Qualified sign language interpreter
- Assistive listening devices
- Telephone relay service
- Video remote interpreting

**Service animals** are dogs, and in some cases miniature horses, that have been individually trained to do work or perform a task for an individual with a disability. Emotional support animals or companion animals are not covered under the ADA. Individual entities may create own policies related to use of emotional support animals.

Under ADA, may only ask:

1. Is the animal a Service Animal required because of a disability?
2. What work or task has the animal been trained to perform?

Under ADA, may only ask to animal to leave if it is not under control or animal is not house trained.

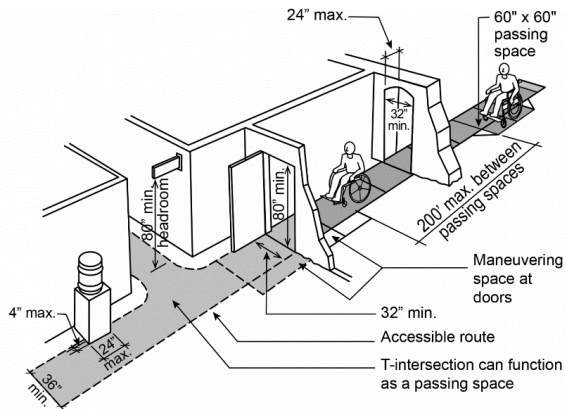
### Parking Spaces

Total number of Spaces in Parking Facility	Minimum Accessible Spaces Required	Minimum Van Accessible Spaces Required
1-25	1	1
26-50	2	1
51-75	3	1
76-100	4	1
101-150	5	1
151-200	6	1
201-300	7	2
301-400	8	2
401-500	9	2
501-1000	2% of total	
1001 and over	20, plus 1 for each 100	

The number of van accessible spaces is one of every six accessible parking spaces, or fraction of six.

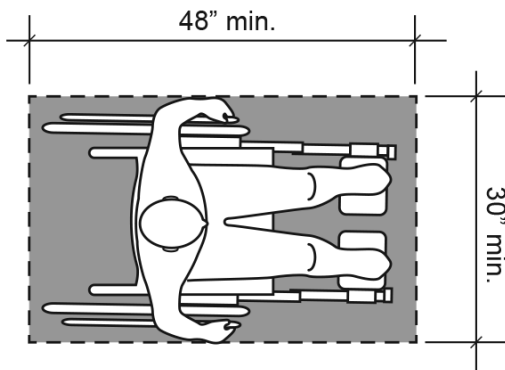
## Accessible Route / Path of Travel

- Continuous unobstructed path
- Free from stairs, steep inclines or sharp changes in surface level
- At least 36 inches wide



Basic Features of an Accessible Route

## Clear Floor Space



Minimum Clear Floor Space for Wheelchair

## Maneuvering Space

