Comprehensive Systems Integration for Adolescent and Young Adult Health

Title V Partnership Meeting

November 7, 2023  11:30am-12:15pm

Division of Child, Adolescent, and Family Health
Maternal and Child Health Bureau (MCHB)
Agenda

• Thank You
• Welcome and Introductions
• MCHB Adolescent Health Investments
• Overview and Description of CSI-AYAH
• Q&A and Listening
Thank You!!!

Learn more at https://mchb.hrsa.gov

University of California
San Francisco

NAHIC

AMCHP
Association of Maternal & Child Health Programs

State Adolescent Health Resource Center

University of Minnesota

NIPN
National Improvement Partnership Network

University of Vermont
**Mission**
To improve the health and well-being of America’s mothers, children, and families.

**Vision**
Our vision is an America where all mothers, children, and families thrive and reach their full potential.

## MCHB Goals

<table>
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<tr>
<th>Goals</th>
<th>Description</th>
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<tr>
<td>ACCESS</td>
<td>Assure access to high-quality and equitable health services to optimize health and well-being for all MCH populations.</td>
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<tr>
<td>EQUITY</td>
<td>Achieve health equity for MCH populations.</td>
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<td>CAPACITY</td>
<td>Strengthen public health capacity and workforce for MCH.</td>
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<td>IMPACT</td>
<td>Maximize impact through leadership, partnership, and stewardship.</td>
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Learn more at [https://mchb.hrsa.gov](https://mchb.hrsa.gov)
MCHB’s Division of Child, Adolescent and Family Health

The Division strives to advance health promotion, strengthen injury prevention, and improve emergency medical services and preparedness for children, adolescents and their families.
Meet the HRSA DCAFH AYAH Team

Dr. Sara Kinsman
DCAFH Director

Bethany Miller
DCAFH Deputy Director

Candace Webb
Adolescent Health Branch Chief

Deepa Joshi
Medical Officer

Letitia D. Winston
Public Health Analyst
CSI-AYAH Project Officer

Kristina Caparrelli
Public Health Analyst
CSI-AYAH Program Coordinator

Savannah Kidd
Senior Public Health Analyst

Learn more at https://mchb.hrsa.gov
MCHB AYAH Resources

LEAH

Pediatric Mental Health Care Access Program

Learn more at https://mchb.hrsa.gov

May 2023
CSI-AYAH Overview
CSI-AYA Addresses Challenges to Improving AYAH

• ...historically, funding streams and evidence-based interventions have focused on addressing specific health risks or behaviors (e.g., obesity, substance use, teen pregnancy). This fragmentation of efforts results in disjointed programming and can result in competition to identify the most serious health behaviors and related programs to invest in, thereby weakening the combined impact of programs and systems that aim to promote youth health and wellbeing.

• ...the complex interplay between health, school, and community systems varies significantly by state, territory, and tribal community. To address this challenge, organizations have developed local models to integrate key systems impacting youth...States through their MCH Title V program have ... leveraging partnerships with health, public health, mental health, social services, and professional organizations through a systems approach to create systems change to improve the quality of health care delivery.
CSI-AYAH Program Details

• one cooperative agreement
• project period is September 1, 2023—August 31, 2028
• successful applicant will support a cross-sector alliance, including leaders from:
  o primary health care for adolescents and young adults;
  o school supports for health and mental health; and
  o community programs that support positive youth development.
CSI-AYA Program Requirements/Expectations

• Integral to this alliance will be leaders from youth-led organizations that will contribute to the accomplishment of program objectives.

• The alliance will work with partners to envision a national agenda to support systems integration improvements to advance adolescent and young adult health.

• Learning collaboratives in states, territories, and/or tribal organizations will be supported to implement cross-sector systems integration models.

• Technical assistance will be provided to states, territories, and tribal organizations.

• Effective models of integrated systems of care for AYAH populations will be researched, developed, and disseminated.

Learn more at https://mchb.hrsa.gov
Contact Information

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The Comprehensive Systems Integration for Adolescent and Young Adult Health (HRSA-23-079) project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling $1,514,450 with 100% percentage financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit HRSA.gov.
Recent News Headlines Reflect Current Operating Environment

**USA Today**
USA Today.com > opinion > 2023/07/10

Drug use and mental illness can be deadly for kids. ...
Jul 10, 2023 — By late 2021, the number of adolescents dying from drug poisonings had more. That's because mental health and substance use disorder ...

**American Behavioral Clinics**
AmericanBehavioralClinics.com > alarming-finding...

Alarming Findings From CDC's Youth Risk Behavior Survey
Mar 6, 2023 — According to the CDC's Youth Risk Behavior Survey released in February 2023, the rate of depression and anxiety is at an all-time high.

**CNN.com**
CNN.com > 2022/06/24 > politics > dobbs-mi...

Supreme Court overturns Roe v Wade
Jun 24, 2022 — The Supreme Court overturned Roe v. Wade on Friday, holding that the Constitution no longer a federal constitutional right to an abortion.

**Healthline**
Healthline.com > health-news > new-study...

Nearly Half of LGBTQ People Report Experiencing Medical ...
Aug 13, 2023 — New research finds a large number of LGBTQ people say they've experienced discrimination and medical gaslighting from healthcare providers.
Public Health Response Requires an Integrated Approach

- Leaders from health, school, and community systems, and youth voices need to work together to better integrate systems of care that accompany adolescents and young adults in their health and wellbeing.

- The opportunity in front of us is to advance integrated approaches to improve systems of care to promote:
  - Positive youth development framework that embraces youth resilience
  - Equitable access to clinical preventive services
  - Coordination of care across health, school, and community systems
The National Center for Adolescent and Young Adult Health serves to increase the capacity of states, territories, and tribal organizations to integrate systems of care, including health, school, and community systems to promote adolescent and young adult health and well-being.
National Center for Adolescent and Young Adult Health and Wellness

National Coordinating Committee

- American Academy of Pediatrics
- Association of State and Territorial Health Officials
- National Alliance to Advance Adolescent Health (Got Transition)
- National Association of School Nurses
- National Council on Mental Wellbeing
- YMCA of the USA
- Youth MOVE National
Organizations that represent health, school, and community systems of services that accompany youth.

- Adolescents and young adults with diverse life and lived experiences.
Cross-sector Alliance Structure

National Coordinating Committee

Cross Sector Alliance Steering Committee

Committee on School Health and Safety (NCCSHS)
Committee on Community-based Systems Integration
Committee on AYA Health and Well-being
Year-1 Priorities: Cross-sector Alliance

**Winter**
- Establish leadership steering committee
- Engage a wide matrix of organizations
- Engage adolescents and young adults
- Conduct focus groups and key informant interviews

**Spring**
- Convene virtual summit on systems integration for adolescent and young adult health and wellbeing

**Summer**
- Develop a national blueprint to improve adolescent and young adult health and wellbeing through systems integration in states, territories, and tribal organizations

**Committees of the Alliance**
- Adolescent and Young Adult Health and Wellbeing
- School Health and Safety (NCCSHS)
- Community-based Systems Integration
- Establish a steering committee for each committee (organizational liaisons and AYA will be compensated)
- Engage organizations willing and able to provide national leadership in a mission-based non-financial partnership
- Develop a mission, vision and charter with goals and objectives for each committee
Year-1 Priorities: Training and Technical Assistance to Title V

Community of Practice
- State Adolescent Health Coordinators (SAHC) will be re-engaged in a virtual community of practice to elevate adolescent and young adult health within the Title V structure.
- Goals to be developed with the SAHC leadership team and coordinators that will:
  - foster communication between individuals who serve in the coordinator role,
  - facilitate sharing of best practices and resources, and
  - nurture peer-mentoring.

Training & TA Modalities
- Online resource center
- Town hall meetings
- Round table sessions
- Email distribution list/Listserv
- Contact us: collab4youth@aap.org
Systems Integration Learning Collaborative

- **Year-1**
  - Interdisciplinary project advisory committee
  - Project methodology & design
  - Institutional review board and other process steps (e.g., CE credit)

- **Year-2**
  - Recruit 3 interdisciplinary state teams
  - Launch project with teams
Quick Assessment Instructions

Go to
www.menti.com

Enter this code
1313837
Poll 1

- Please rank the current needs of the adolescent and young adult persons in your state, territory or jurisdiction.
  - Confidential health and human services
  - Co-management of services
  - Healthy mental development and access to treatment
  - Substance use prevention (tobacco, marijuana, vaping, opioid, alcohol)
  - Cultural and linguistic considerations in accessing care
  - Access to evidence-based interventions
  - Safety in home, school, community and work environments
  - Reproductive health
  - Sexuality, sexual development, and gender affirming care
  - Job readiness and career planning
  - Other
Poll 2

Where do you look for information to enhance your own professional development? (select all that apply)

- Internet searches
- Journal articles or papers that summarize the literature
- Instructional handouts such as infographics or tip sheets (print or digital)
- Courses from professional associations
- Courses available through state agencies
- Conferences hosted by professional associations
- Conferences hosted by state agencies
- Videos (less than 5 minutes)
- Videos (more than 5 minutes)
What workforce development or educational supports are most useful to State Adolescent Health Coordinators? (Please select the top 5 for your Title V program)

- Online toolkit or repository of multiple educational resources
- Tip sheets or checklists
- Infographics
- Summary of journal articles
- Virtual courses
- Classroom style courses (in-person)
- Videos
  - less than 5-minutes
  - 5-10 minutes,
  - 10-20 minutes
  - 20+ minutes
- Podcasts
- Facilitated discussions (round-table style)
- Evidence review the Q&A (town hall style)
- Other (please describe)
Closing Remarks

- Summary of poll results
- Next steps
- Contact Us
  - National Center for Adolescent and Young Adult Health and Wellbeing: Realizing Integrated Services Everywhere
  - Email: Collab4Youth@aap.org