



# Comprehensive Systems Integration for Adolescent and Young Adult Health

## Title V Partnership Meeting

*November 7, 2023 11:30am-12:15pm*

Division of Child, Adolescent, and Family Health  
Maternal and Child Health Bureau (MCHB)

**Vision: Healthy Communities, Healthy People**



# Agenda

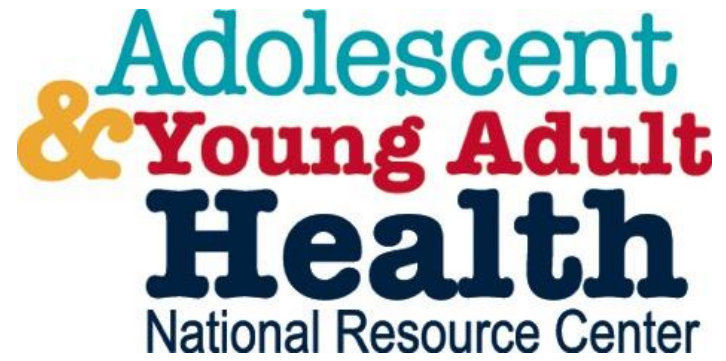
- Thank You
- Welcome and Introductions
- MCHB Adolescent Health Investments
- Overview and Description of CSI-AYAH
- Q&A and Listening



Learn more at <https://mchb.hrsa.gov>



# Thank You!!!



University of Minnesota



University of Vermont

Learn more at <https://mchb.hrsa.gov>



# HRSA Maternal and Child Health Bureau

## Mission

To improve the health and well-being of America's mothers, children, and families.

## Vision

Our vision is an America where all mothers, children, and families thrive and reach their full potential.

## MCHB Goals

### ACCESS

Assure access to high-quality and equitable health services to optimize health and well-being for all MCH populations.

### EQUITY

Achieve health equity for MCH populations.

### CAPACITY

Strengthen public health capacity and workforce for MCH.

### IMPACT

Maximize impact through leadership, partnership, and stewardship.

Learn more at <https://mchb.hrsa.gov>



# MCHB's Division of Child, Adolescent and Family Health

The Division strives to advance health promotion, strengthen injury prevention, and improve emergency medical services and preparedness for children, adolescents and their families.



Learn more at <https://mchb.hrsa.gov>



# Meet the HRSA DCAFH AYAH Team



Dr. Sara Kinsman  
DCAFH Director



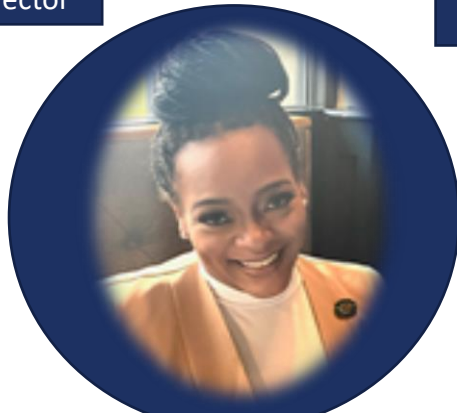
Bethany Miller  
DCAFH Deputy  
Director



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Adolescent Health  
Branch Chief



Deepa Joshi  
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Letitia D. Winston  
Public Health Analyst  
CSI-AYAH Project Officer



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CSI-AYAH Program Coordinator



Savannah Kidd  
Senior Public Health Analyst

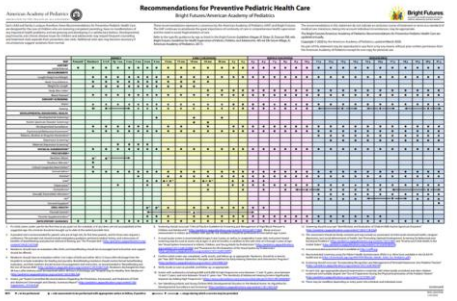
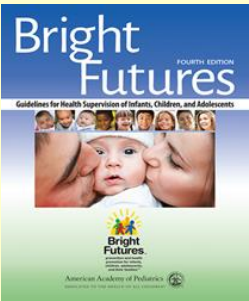
Learn more at <https://mchb.hrsa.gov>



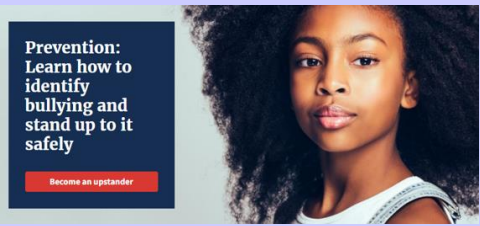
# MCHB's Division of Child, Adolescent and Family Health

## Health Promotion

Comprehensive Systems  
Integration for Adolescents  
and Young Adults



## Injury Prevention



## EMSC & Preparedness



Learn more at <https://mchb.hrsa.gov>

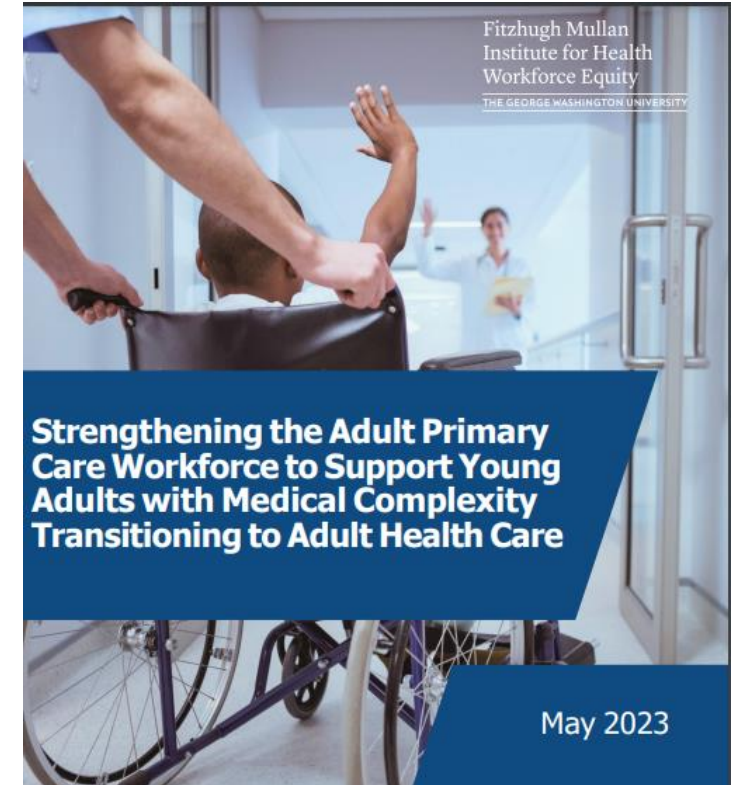
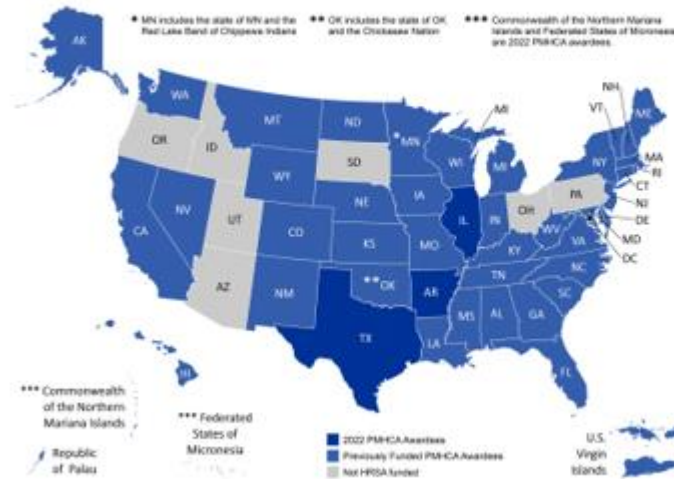


# MCHB AYAH Resources



LEAH

## Pediatric Mental Health Care Access Program



Learn more at <https://mchb.hrsa.gov>







Learn more at <https://mchb.hrsa.gov>



# CSI-AYA Addresses Challenges to Improving AYA

- *...historically, funding streams and evidence-based interventions have focused on addressing specific health risks or behaviors (e.g., obesity, substance use, teen pregnancy). This fragmentation of efforts results in disjointed programming and can result in competition to identify the most serious health behaviors and related programs to invest in, thereby weakening the combined impact of programs and systems that aim to promote youth health and wellbeing.*
- *...the complex interplay between health, school, and community systems varies significantly by state, territory, and tribal community. To address this challenge, organizations have developed local models to integrate key systems impacting youth...States through their MCH Title V program have ... leveraging partnerships with health, public health, mental health, social services, and professional organizations through a systems approach to create systems change to improve the quality of health care delivery.*

Learn more at <https://mchb.hrsa.gov>



# CSI-AYAH Program Details

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- one cooperative agreement
- project period is September 1, 2023—August 31, 2028
- successful applicant will support a cross-sector alliance, including leaders from:
  - primary health care for adolescents and young adults;
  - school supports for health and mental health; and
  - community programs that support positive youth development.



Learn more at <https://mchb.hrsa.gov>





# CSI-AYA Program Requirements/Expectations

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- Integral to this alliance will be leaders from youth-led organizations that will contribute to the accomplishment of program objectives.
- The alliance will work with partners to envision a national agenda to support systems integration improvements to advance adolescent and young adult health.
- Learning collaboratives in states, territories, and/or tribal organizations will be supported to implement cross-sector systems integration models.
- Technical assistance will be provided to states, territories, and tribal organizations.
- Effective models of integrated systems of care for AYAH populations will be researched, developed, and disseminated.

Learn more at <https://mchb.hrsa.gov>



# Contact Information

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# National Center for Adolescent and Young Adult Health and Wellbeing

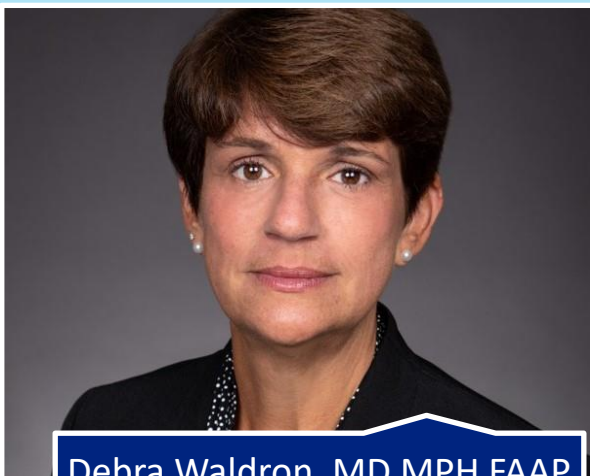
REALIZING INTEGRATED SERVICES EVERYWHERE

HEALTH | SCHOOL | COMMUNITY

NOVEMBER 2023

*The Comprehensive Systems Integration for Adolescent and Young Adult Health (HRSA-23-079) project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$1,514,450 with 100% percentage financed with non-governmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, or the U.S. Government. For more information, please visit [HRSA.gov](https://www.hrsa.gov).*





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# Recent News Headlines Reflect Current Operating Environment



USA Today

<https://www.usatoday.com> › opinion › 2023/07/10 › t... ⋮

## Drug use and mental illness can be deadly for kids. ...

Jul 10, 2023 — By late 2021, the number of **adolescents** dying from drug poison had more. That's because mental **health** and substance use disorder ...



CNN.com

<https://www.cnn.com> › 2022/06/24 › politics › dobbs-mi... ⋮

## Supreme Court overturns Roe v Wade

Jun 24, 2022 — The **Supreme Court** overturned **Roe v. Wade** on Friday, holding that it is no longer a federal constitutional right to an abortion.



American Behavioral Clinics

<https://americanbehavioralclinics.com> › alarming-findi... ⋮

## Alarming Findings From CDC's Youth Risk Behavior Survey

Mar 6, 2023 — According to the CDC's Youth Risk Behavior Survey **released in February 2023**, the **rate of depression and anxiety is at an all-time high**.



Healthline

<https://www.healthline.com> › health-news › new-study... ⋮

## Nearly Half of LGBTQ People Report Experiencing Medical ...

Aug 13, 2023 — New research finds a large number of **LGBTQ** people say they've experienced discrimination and **medical** gaslighting from **healthcare** providers.

# Public Health Response Requires an Integrated Approach

- ▶ Leaders from health, school, and community systems, and youth voices need to work together to better integrate systems of care that accompany adolescents and young adults in their health and wellbeing.
- ▶ The opportunity in front of us is to advance integrated approaches to improve systems of care to promote:
  - ▶ Positive youth development framework that embraces youth resilience
  - ▶ Equitable access to clinical preventive services
  - ▶ Coordination of care across health, school, and community systems







# National Center for Adolescent and Young Adult Health and Wellbeing

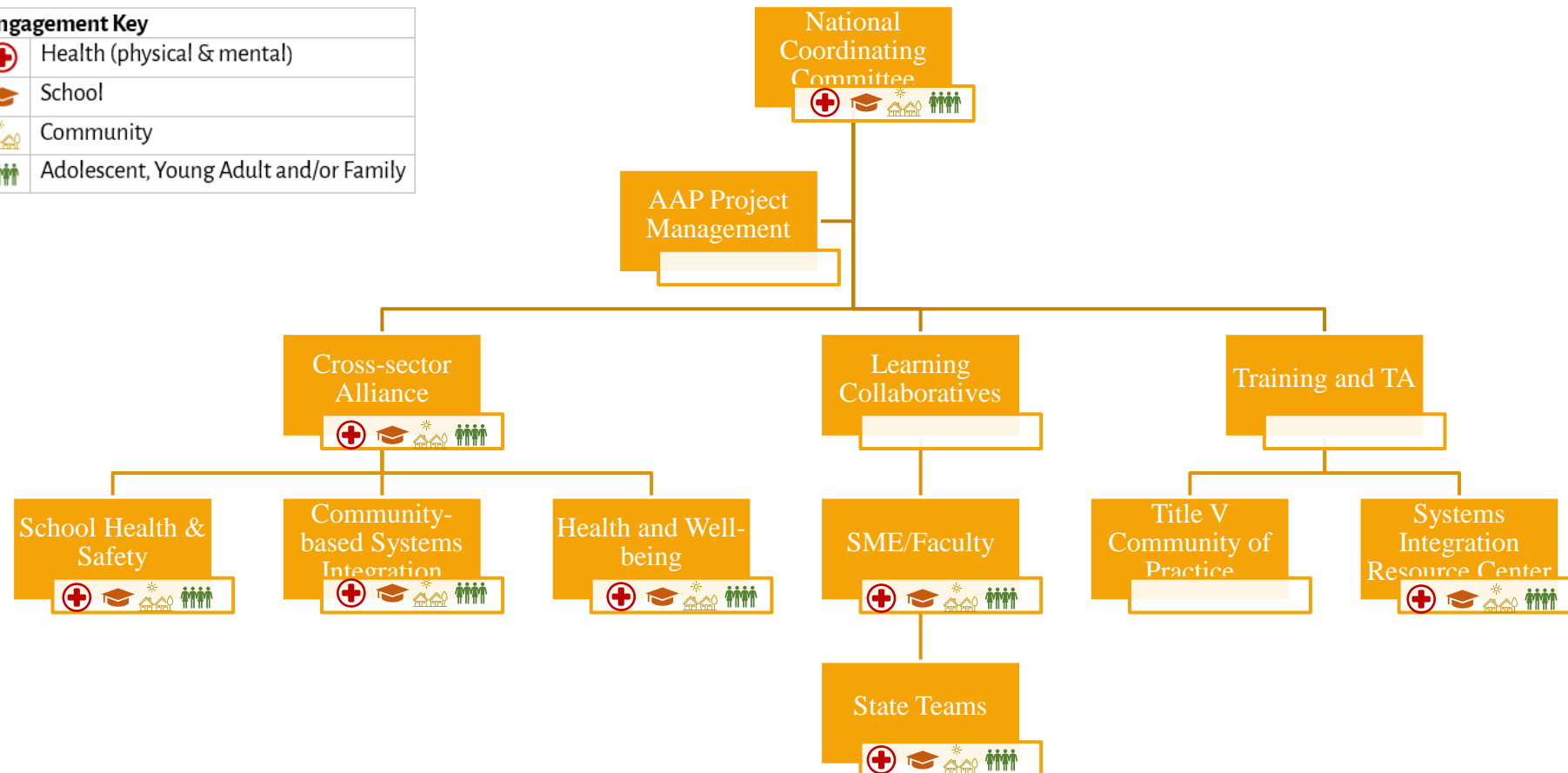
Realizing Integrated Services  
Everywhere

Health | School | Community

- ▶ The National Center for Adolescent and Young Adult Health serves to increase the capacity of states, territories, and tribal organizations to integrate systems of care, including health, school, and community systems to promote adolescent and young adult health and well-being.

# Project Organizational Chart

Engagement Key	
	Health (physical & mental)
	School
	Community
	Adolescent, Young Adult and/or Family

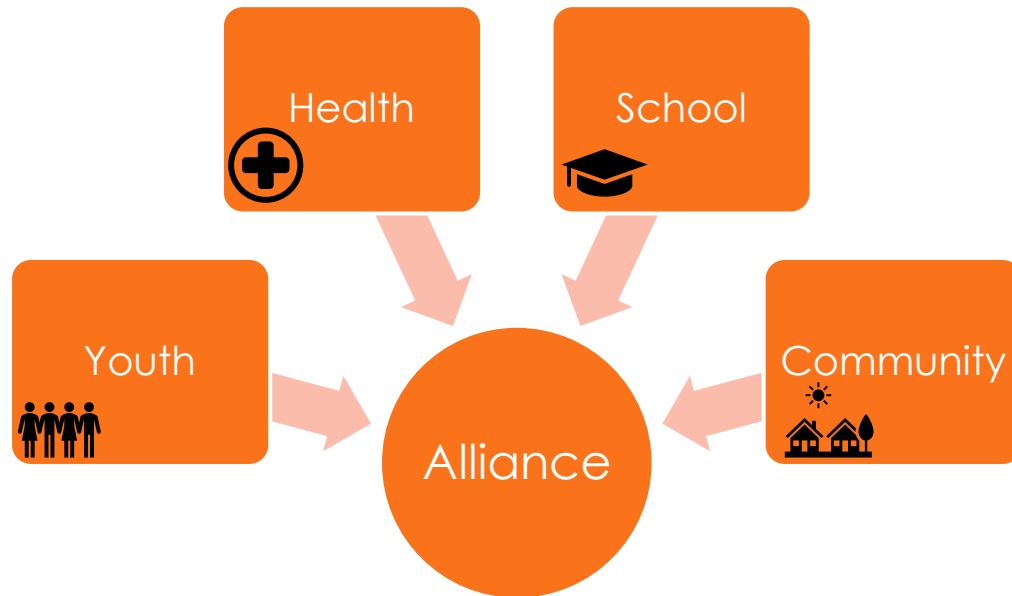


# National Center for Adolescent and Young Adult Health and Wellness

National Coordinating  
Committee

- ▶ American Academy of Pediatrics
- ▶ Association of State and Territorial Health Officials
- ▶ National Alliance to Advance Adolescent Health (Got Transition)
- ▶ National Association of School Nurses
- ▶ National Council on Mental Wellbeing
- ▶ YMCA of the USA
- ▶ Youth MOVE National

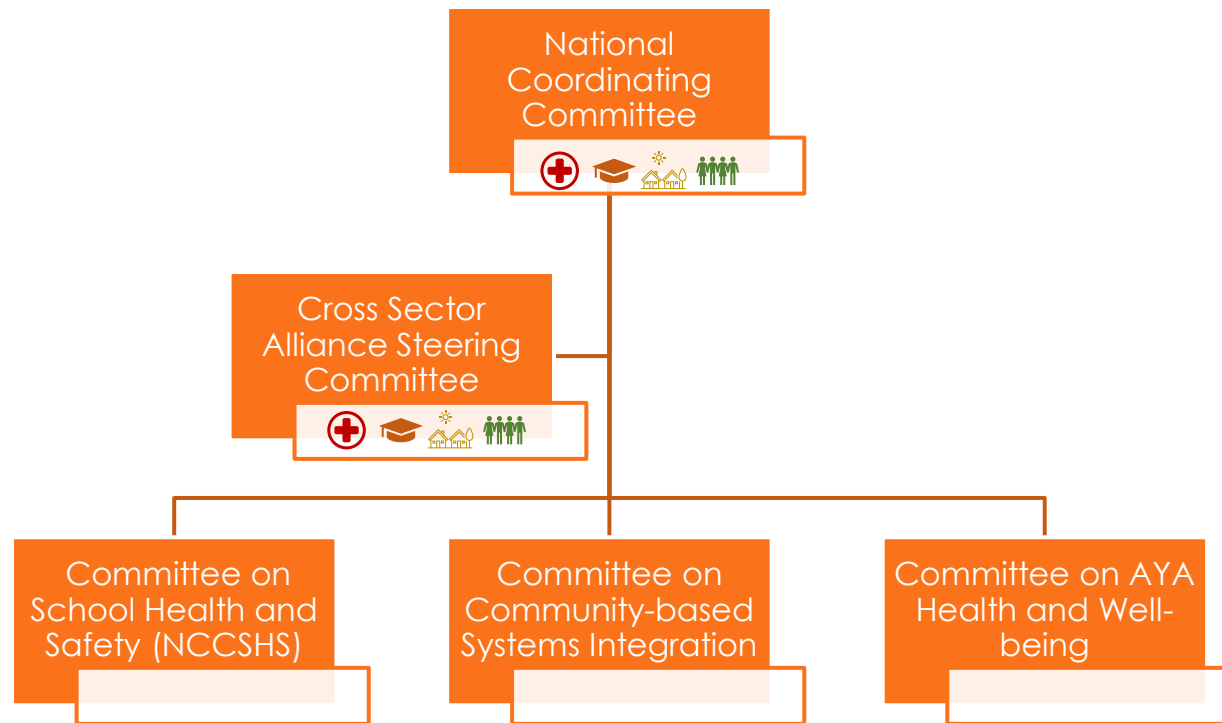
# Cross-sector Alliance



- ▶ Organizations that represent health, school, and community systems of services that accompany youth
- ▶ Adolescents and young adults with diverse life and lived experiences



# Cross-sector Alliance Structure



# Year-1 Priorities: Cross-sector Alliance

- ▶ Winter
  - ▶ Establish leadership steering committee
  - ▶ Engage a wide matrix of organizations
  - ▶ Engage adolescents and young adults
  - ▶ Conduct focus groups and key informant interviews
- ▶ Spring
  - ▶ Convene virtual summit on systems integration for adolescent and young adult health and wellbeing
- ▶ Summer
  - ▶ Develop a national blueprint to improve adolescent and young adult health and wellbeing through systems integration in states, territories, and tribal organizations
- ▶ Committees of the Alliance
  - ▶ Adolescent and Young Adult Health and Wellbeing
  - ▶ School Health and Safety (NCCSHS)
  - ▶ Community-based Systems Integration
- ▶ Establish a steering committee for each committee (organizational liaisons and AYA will be compensated)
- ▶ Engage organizations willing and able to provide national leadership in a mission-based non-financial partnership
- ▶ Develop a mission, vision and charter with goals and objectives for each committee

# Year-1 Priorities: Training and Technical Assistance to Title V

## Community of Practice

- ▶ State Adolescent Health Coordinators (SAHC) will be re-engaged in a virtual community of practice to elevate adolescent and young adult health within the Title V structure.
- ▶ Goals to be developed with the SAHC leadership team and coordinators that will:
  - ▶ foster communication between individuals who serve in the coordinator role,
  - ▶ facilitate sharing of best practices and resources, and
  - ▶ nurture peer-mentoring.

## Training & TA Modalities

- ▶ Online resource center
- ▶ Town hall meetings
- ▶ Round table sessions
- ▶ Email distribution list/Listserv
- ▶ Contact us: [collab4youth@aap.org](mailto:collab4youth@aap.org)

# Systems Integration Learning Collaborative



- ▶ Year-1
  - ▶ Interdisciplinary project advisory committee
  - ▶ Project methodology & design
  - ▶ Institutional review board and other process steps (eg, CE credit)
- ▶ Year-2
  - ▶ Recruit 3 interdisciplinary state teams
  - ▶ Launch project with teams



# Quick Assessment Instructions

Go to

[www.menti.com](https://www.menti.com)

Enter this code

1313837



# Poll 1

- ▶ **Please rank the current needs of the adolescent and young adult persons in your state, territory or jurisdiction.**
  - ▶ Confidential health and human services
  - ▶ Co-management of services
  - ▶ Healthy mental development and access to treatment
  - ▶ Substance use prevention (tobacco, marijuana, vaping, opioid, alcohol)
  - ▶ Cultural and linguistic considerations in accessing care
  - ▶ Access to evidence-based interventions
  - ▶ Safety in home, school, community and work environments
  - ▶ Reproductive health
  - ▶ Sexuality, sexual development, and gender affirming care
  - ▶ Job readiness and career planning
  - ▶ Other

## Poll 2

- ▶ **Where do you look for information to enhance your own professional development? (select all that apply)**
  - ▶ Internet searches
  - ▶ Journal articles or papers that summarize the literature
  - ▶ Instructional handouts such as infographics or tip sheets (print or digital)
  - ▶ Courses from professional associations
  - ▶ Courses available through state agencies
  - ▶ Conferences hosted by professional associations
  - ▶ Conferences hosted by state agencies
  - ▶ Videos (less than 5 minutes)
  - ▶ Videos (more than 5 minutes)

## Poll 3

- ▶ **What workforce development or educational supports are most useful to State Adolescent Health Coordinators? (Please select the top 5 for your Title V program)**
  - ▶ Online toolkit or repository of multiple educational resources
  - ▶ Tip sheets or checklists
  - ▶ Infographics
  - ▶ Summary of journal articles
  - ▶ Virtual courses
  - ▶ Classroom style courses (in-person)
  - ▶ Videos
    - ▶ less than 5-minutes
    - ▶ 5-10 minutes,
    - ▶ 10-20 minutes
    - ▶ 20+ minutes
  - ▶ Podcasts
  - ▶ Facilitated discussions (round-table style)
  - ▶ Evidence review the Q&A (town hall style)
  - ▶ Other (please describe)



# Closing Remarks

- ▶ Summary of poll results
- ▶ Next steps
- ▶ Contact Us
  - ▶ National Center for Adolescent and Young Adult Health and Wellbeing: Realizing Integrated Services Everywhere
  - ▶ Email: [Collab4Youth@aap.org](mailto:Collab4Youth@aap.org)