



BirthMatters reduces teen pregnancy through reproductive health education and empowers expectant young adults to raise healthy families through doulas utilizing the community health worker model.

## What services do we provide?

Community doula services for birthing people (ages 25 and under) at no cost to them.

Physical, emotional, and educational support during pregnancy, birth, and one year postpartum.

Culturally congruent care and resources provided by certified community health workers.

For more information on services available or to speak with a community-based doula, visit:

**[www.birthmatters.org](http://www.birthmatters.org)**



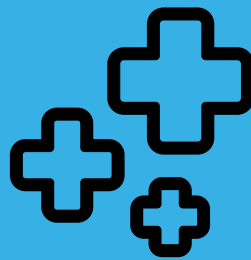


## Why We Need Community Doulas

Research shows that we can improve birth outcomes and survival rates for both birthing parents and infants with doula support.



We can increase access to doula services and culturally congruent care through community-based doulas.



Investing in community-based doulas can save taxpayers hundreds of thousands of dollars in preventable healthcare expenses.



## Our goals for advocacy and expansion:

- expand access to doula services in SC
- increase the number of trained community-based doulas in SC
  - lead legislative work in SC for doula reimbursement
  - improve birth outcomes and maternal health equity in SC