



We want to **SHARE YOUR HOW**



AMCHP is building on last year's "Sharing Your Why" project, where attendees heard perspectives from a broad range of maternal and child health (MCH) professionals, youth, and families. This year, we'll shift our focus from "why" to "how" to learn about strategies and activities that support the development of diverse leaders in MCH.

Submit a short testimonial and be part of our "Sharing Your How" project! We will share these creatively throughout the 2023 AMCHP Annual Conference and may invite you to participate in the plenary session.

For your submission, please aim to share your "how" video or audio testimonial in under 3 minutes or a written testimonial in 500 words or less.

Questions?
Please e-mail cstampfel@amchp.org.

Complete this submission form with a short video, audio, or written testimonial by **Tuesday, February 28, 11:59 PM PT.**

We want to get practical and real. How is your community developing diverse leaders?

Share with us:

- What activities cultivated and supported you as you pursued your "why"?
- Who supported you, cheered you on, or put themselves on the line for you?
- What qualities make you feel embraced as a leader?
- What benefits have you experienced from engaging with people outside your typical spheres of influence?
- What programs or systems helped you on your path?
- What do you do to cultivate the next generation of leaders?
- Are you a mentor or a person who has experienced great mentorship? What makes you a great mentor?

Please note that these are suggested prompts to use when thinking about your testimonial, but you do not have to respond to each one.