AMCHP Leadership Lab  
2022-2023 Timeline and Core Program Components

<table>
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<tr>
<th>Date</th>
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| August 2022     | Orientation  
Everything DiSC Workplace training  
Extended case study introduction (recorded) |
| September 2022  | Cohort-specific session #1                                               |
| October 2022    | Cross-cohort webinar #1  
Cohort-specific “coffee chat”                                             |
| November 2022   | Cohort-specific session #2  
“Keeping DiSC Alive” session #1                                          |
| December 2022   | Cross-cohort webinar #2  
Cohort-specific “coffee chat”                                             |
| January 2023    | Cohort-specific session #3  
“Keeping DiSC Alive” session #1                                          |
| February 2023   | Cross-cohort webinar #3  
Cohort-specific “coffee chat”                                             |
| March 2023      | Cohort-specific session #4                                               |
| April 2023      | “Keeping DiSC Alive” session #3  
Commencement                                                              |
| May 7-9, 2023   | Informal networking @ AMCHP Conference (New Orleans, LA) *               |

* not a required component

- **Orientation** – 90-minute webinar to facilitate participant, mentor, and cohort lead introductions, review the program components and timeline, and provide clarity regarding expectations
- **Everything DiSC Workplace training** – three-hour intensive training with a team of contracted professional DiSC facilitators; requires previous completion of the Everything DiSC Workplace assessment (paid for by AMCHP)
- **Extended case study introduction** – 45-minute recorded presentation by SME partners about the trajectory of their shared work, previewing how those experiences will be used as lens for elevating and breaking down critical leadership concepts (e.g., checking biases, authentic partnership) in future cross-cohort webinars
- **Cohort-specific sessions** – responsive and thoughtfully sequenced opportunities (1-2 hours each) for members of the same cohort to learn, grow, and build community; planned and implemented by cohort leads with mentor support; can include reasonable pre- and/or post-work related to session topics
- **Cross-cohort webinar** – 90-minute live presentation on a universally relevant individual leadership topic through the lens of SME partners’ experiences, with the goal of enhancing participants’ knowledge, skills, and abilities; includes opportunities to actively engage with the material, i.e., consider how content and strategies being presented can be applied in their roles and agencies
- **Cohort-specific “coffee chat”** – informal, optional 30-minute “check-in” style (no agenda) gatherings to build community among participants and mentors from a single cohort; scheduled at the discretion of the cohort lead
- **“Keeping DiSC Alive” session** – optional, 45-minute small group session with a contracted professional DiSC facilitator that addresses a discrete aspect of participants’ and mentors’ DiSC styles in relationship to others; multiple date/time options per month that participants and mentors can sign up for based on their availability
- **Commencement** – two-hour celebration of participant growth and accomplishments, including an opportunity for complete the post-assessment and overall program evaluation
- **Informal networking @ AMCHP Conference** – dedicated space for any recent previous (2020-2023) Leadership Lab participants and mentors in attendance to gather during one of the planned networking times