

# Adolescent and Young Adult Health (AYAH) Collaborative Innovation & Improvement Network (CoIIN)

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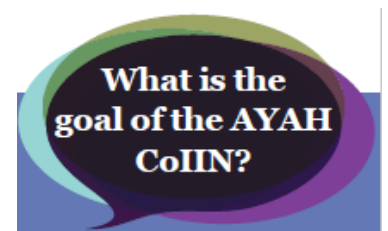
A CoIIN is a team of self-motivated people that has a collective vision and is enabled by technology to achieve a common goal by sharing ideas, information, and work. **Vermont was chosen as one of five states to participate** with key partners in this first CoIIN focusing on the adolescent and young adult population. In the spring of 2017, another seven states joined the first set of states to continue this work to drive national strategies addressing preventive health care for adolescents and young adults.

It's important for all adolescents and young adults to receive an annual preventive well-visit. It offers the **opportunity** for providers to promote healthy behaviors and for adolescents to discuss not only their physical well-being but many other facets of health. While adolescents are generally characterized as being in good health, adolescence is a period of time when **health choices** can impact **future** well-being.



Data from other project initiatives indicate that adolescents continue to have low rates of annual well care visits when compared with other age groups. This highlights the unique challenges of engaging adolescents in preventive care and the barriers to serving them.

The AYAH CoIIN focuses on discovering and implementing evidence-based strategies to increase adolescent and young adult access to preventive health care visits and to improve the quality of those visits. Through our state-focused work on this project, we are planning a short quality improvement project that will engage a small number of medical practices who care for adolescent and young adult patients. While our ultimate goal will be to improve the rates of annual well care visits for adolescents, we will focus on improving the access and quality of preventive health services for adolescent and young adults. As part of this effort, we will also be creating a Vermont Youth Health Advisory Council to support these efforts.



For more information on how you can become involved, contact Alyssa Consigli at the Vermont Child Health Improvement Program: [Alyssa.Consigli@med.uvm.edu](mailto:Alyssa.Consigli@med.uvm.edu)