

5 things **YOU** need to know about the Adolescent Well Visit



The well visit is more than a physical

It includes discussion of health topics



The well visit is recommended every year



The doctor will respect your privacy



The doctor can talk about any of your personal concerns



Don't be embarrassed or afraid of being honest

#EveryAgeEvenTeenage

Additional Resources:
TEEN Line: 800-443-8336
www.idph.iowa.gov/Adolescent-Health

