



Adolescent Health Leaders Cohort (AHLC)

Putting the "A" back in MCH

Who should apply?

- State Adolescent Health Coordinators (SAHCs) or an equivalent position in the MCH agency or division responsible for administering the Title V Block Grant.
- State/territorial health department employee responsible for managing many of the public health programs in which adolescents are the target population and partners with Title V.
- MCH/Title V Director with an interest in building skills and competencies to strengthen their program's adolescent health focus.

What can you expect?

- Learn and apply leadership skills to advance programming and equity
- Receive one-on-one mentorship
- Exposure to tools and resources from AMCHP and national MCH technical assistance and resource centers

Potential topics covered include:

- Holistic Positive Youth Development approach
- Partnership with diverse stakeholders and impacted communities
- Strategic planning for quality program and service coordination
- Culturally responsive practices

Meet your Cohort Leader!



Iliana Siarmalis-White, MPH, CHES, CPH is AMCHP's Senior MCH Specialist in Adolescent Health and Youth Engagement. She has extensive experience in implementing technical assistance and leadership development activities for state and national organizations, including on topics such as adolescent preventive services, school-based health care, mental health, and youth inclusion.