



New AMCHP Innovation Station Effective Practices Identified

AMCHP is excited to announce that the following practices were recently accepted to the [Innovation Station Database](#) during our Fall 2020 Effective Practices Review. Practice handouts are under development and will be added to the database in the coming months. Visit our [website](#) to learn more about AMCHP's effective practices continuum and submission process.

Best Practices

- **Count the Kicks, Iowa**

Count the Kicks is an evidence-based stillbirth prevention campaign that teaches expectant parents the method for and importance of tracking fetal movement in the third trimester of pregnancy; research shows a change in fetal movement is the earliest and sometimes only indication there might be an issue with a pregnancy.

Promising Practices

- **Infant Toddler Court Teams, District of Columbia**

Infant-Toddler Court Teams represent a collaborative practice that improves, aligns, and integrates systems and builds community capacity to advance the health and well-being of very young children and families who become involved with the child welfare system.

- **MCPAP for Moms, Massachusetts**

MCPAP for Moms provides education, consultation, and resource and referral to build the capacity of front-line medical providers to address perinatal mental health and substance use disorders.

- **MPPTI Young Parent-Centered Case Management, Massachusetts**

Our young parent-centered case management practice is a flexible approach allowing young parents to create their own case management goals and emphasizing relationship-building and social/emotional supports to serve young families whose needs cannot be met with less comprehensive program models.

- **On-Demand Telesimulation – LiquidGoldConcept, Michigan**

Through the On-Demand Telesimulation platform, healthcare professionals and trainees can schedule a video call (i.e., telesimulation) with a live standardized patient educator to build their clinical skills in maternal-child care.

- **PATCH Youth Advocacy Fellowship, Wisconsin**

The Wisconsin PATCH Youth Advocacy Fellowship employs and empowers youth ages 12-21 from all corners of the state to be a part of adolescent health conversations at community and state levels, providing advice and input on goals and decisions that impact youth.

- **Safe Sleep Diaper Bag Project, Tennessee**

This project utilizes a diaper bag filled with safe sleep materials to both educate caregivers and provide them the resources to practice safe sleep.

- **United Way Family Center, Maryland**

The United Way Family Center (UWFC) pairs embedded clinical supports with high quality early childhood education to promote the educational attainment of young parents and their children while developing parenting and leadership skills.

Emerging Practices

- **The Chicago Collaborative for Maternal Health’s Quality Improvement Collaborative, Illinois**
The Chicago Collaborative for Maternal Health’s Quality Improvement Collaborative aims to implement quality improvement initiatives in the ambulatory care setting aimed at improving maternal health.
- **Community Engagement Assessment Tool, Wisconsin**
The Community Engagement Assessment Tool is a method to help local MCH programs across the state assess their current status of working with the people they serve and develop action steps to improve engagement.
- **The Cuff Kit™ Program, Florida**
The Cuff Kit™ program enables high risk pregnant and postpartum mothers to self-monitor their blood pressure and provide this information to their healthcare providers for more rapid identification of high blood pressure, an important contributor to maternal and fetal morbidity and mortality.
- **Iowa Family Navigator Network, Iowa**
The Iowa Family Navigator Network comprises professionally trained staff members with lived experience as parents or primary caregivers for a child with special health care needs, who provide family-to-family support including assistance with systems navigation, connections to community resources, and emotional support.
- **SIDS Center of New Jersey Phone Applications, New Jersey**
The SIDS Center of New Jersey developed two novel and free mobile phone apps that broaden distribution of and facilitate access to and sharing of information about safe infant sleep practices, including under the constraints of COVID-19, overcome language and literacy barriers, and promote continued exposure to information over time.

Cutting-Edge Practices

- **Colorado Maternal Mortality Prevention Program (MMPP), Colorado**
Colorado’s Maternal Mortality Prevention Program (MMPP) exists to eliminate preventable maternal deaths and improve population health and health equity for pregnant and postpartum people through a trifecta of strategies: community-led solutions, clinical quality improvement, and public health programs.
- **MoMMA’s Voices, Florida**
MoMMA’s Voices provides online training for maternal health advocates through the Champions Training Center so that they can become effective partners for change.
- **Perinatal Continuum of Care, Colorado**
The Perinatal Continuum of Care is a tool that illustrates the myriad services that new and expectant families frequently encounter and describes opportunities to address perinatal mental health across these service sectors.
- **Process for Including Social and Structural Determinants of Health in Title V, Colorado**
The Colorado Maternal and Child Health (MCH) Program used a structured, data-informed and inclusive process to incorporate social and structural determinants of health (SSDoH) into the needs assessment, priority selection and implementation process for the 2021-25 Title V grant cycle.
- **Reducing Breastfeeding Disparities in California through Lactation Accommodation Workgroup Agenda, California**
The purpose of the “Reducing Breastfeeding Disparities in California through Lactation Accommodation Workgroup” is to collaborate to build capacity to support workplace lactation accommodation in California and reduce related equity disparities.

- **Triage Tool to Identify Determinants of Health Among Clients Receiving Lactation Services, North Dakota**

This program utilizes a triage tool to identify parents that are at high-risk of early discontinuation of breastfeeding based on their social and physical determinants of health to provide better access to lactation services.



Do you see a practice that you would like to replicate in your area? Get in touch with the project contact to learn about their challenges, successes, and how you can adapt the practice to fit your needs. If you decide to replicate all or part of the practice, [visit our website](#) to find out about opportunities to fund this work.



Submit a practice to the AMCHP [Innovation Station Database](#)! The submission form for the next effective practices review will be released in **May 2021**. In the meantime, use our [minimum criteria checklist](#) to help determine where your practice falls on our practice continuum. Learn more about this opportunity by contacting evidence@amchp.org.

Have questions or want to learn more? Contact evidence@amchp.org.