The Core PATCH Package is a replication coaching model that provides communities the training, support, resources, and materials to be successful in implementing PATCH’s innovative and youth-driven educational intervention addressing adolescent patient-provider communication. The PATCH Program uses a simple online data sharing process to gather information from each of its licensed PATCH Sites. This Impact Report is a descriptive summary of what was submitted between July 1, 2019 and June 30, 2020.

As a community-based program, various factors impact data. Yet, unlike previous years, PATCH Sites were forced to make programmatic shifts in response to the COVID-19 pandemic in March 2020. Teen Educator Enrichment meetings went virtual, and many workshops were canceled; a few workshops were attempted virtually for the first time ever. Site Coordinators self-reported both successes and challenges in creating new and alternative forms of engagement, maintaining a committed and engaged group of youth, and partnering with key community-based institutions during this time.

### Overview

- **7** Active PATCH Sites
  - A&C Indy
  - Central Wisconsin
  - Coulee Region
  - Dane County
  - HOPE Buffalo
  - Oklahoma City
  - Youth Rise of Clinton County

- **93** Trained & Certified PATCH Teen Educators

- **16** PATCH for Providers Workshops

- **547** Provider Participants

- **24** PATCH for Teens: Peer-to-Peer Workshops

- **395** Teen Participants

[Our biggest success was] getting through a difficult end of the year with COVID.

- Community Stakeholder of PATCH Site

In this field we commonly say youth should have a place at the table, we should involve them in the plans we make, but it does not happen often. [PATCH] brings those opportunities to life and we have seen great outcomes as a result.

- Community Stakeholder of PATCH Site

The Core PATCH Package has helped our community authentically engage youth in public health efforts.

- 100% of respondents on End-of-Year Site Coordinator Evaluation
**PATCH Teen Educators**

At the **END of their program year**, the majority of Teen Educators self-identified as:
- **16** (23%), **17** (30%), or **18+** (40%) years old
- **Black or African American** (21%) or **White** (55%)
- **Female** (64%)

**Percentage of Teen Educators who self-reported “Because of my involvement in PATCH, I...”**

![Bar chart showing the percentage of Teen Educators who self-reported various positive outcomes.](chart)

**LEARNING**
- Think more about my future: 77% (Yes, definitely), 19% (Quite a Bit), 2% (A little), 2% (Not at All), 2% (No Opinion)

**WORKING**
- Am better at giving feedback: 66% (Yes, definitely), 28% (Quite a Bit), 6% (A little), 2% (Not at All), 2% (No Opinion)
- Am better at setting priorities: 52% (Yes, definitely), 38% (Quite a Bit), 10% (A little), 2% (Not at All), 2% (No Opinion)

**CONNECTING**
- Am better at listening to other people: 73% (Yes, definitely), 19% (Quite a Bit), 6% (A little), 2% (Not at All), 2% (No Opinion)
- Know more about people of other cultures, races or ethnic groups: 62% (Yes, definitely), 28% (Quite a Bit), 8% (A little), 2% (Not at All), 2% (No Opinion)

**LEADING**
- Was able to do things that I don’t get to do anywhere else: 75% (Yes, definitely), 17% (Quite a Bit), 6% (A little), 2% (Not at All), 2% (No Opinion)
- Learned that working together requires some compromising: 58% (Yes, definitely), 32% (Quite a Bit), 9% (A little), 2% (Not at All), 2% (No Opinion)
- Learned to be patient with other group members: 72% (Yes, definitely), 17% (Quite a Bit), 9% (A little), 2% (Not at All), 2% (No Opinion)
- Learned how my emotions and attitude affect others in the group: 64% (Yes, definitely), 30% (Quite a Bit), 8% (A little), 2% (Not at All), 2% (No Opinion)
- Am a trusted resource to my peers: 68% (Yes, definitely), 25% (Quite a Bit), 8% (A little), 2% (Not at All), 2% (No Opinion)
- Work better with others on a team: 69% (Yes, definitely), 21% (Quite a Bit), 8% (A little), 2% (Not at All), 2% (No Opinion)
- Am more comfortable speaking in public: 77% (Yes, definitely), 13% (Quite a Bit), 6% (A little), 2% (Not at All), 2% (No Opinion)
- Am better at standing up for what I believe: 77% (Yes, definitely), 15% (Quite a Bit), 8% (A little), 2% (Not at All), 2% (No Opinion)
- Feel that I can make more of a difference: 72% (Yes, definitely), 26% (Quite a Bit), 8% (A little), 2% (Not at All), 2% (No Opinion)
- Am better at speaking up for people who have been treated unfairly: 83% (Yes, definitely), 15% (Quite a Bit), 8% (A little), 2% (Not at All), 2% (No Opinion)

**THRIVING**
- Am more willing to advocate for myself: 68% (Yes, definitely), 28% (Quite a Bit), 2% (A little), 2% (Not at All), 2% (No Opinion)
- Feel confident in my ability to manage my own health care: 60% (Yes, definitely), 34% (Quite a Bit), 4% (A little), 2% (Not at All), 2% (No Opinion)
- Have (or will advocate for) a better relationship with my health care provider: 75% (Yes, definitely), 19% (Quite a Bit), 4% (A little), 2% (Not at All), 2% (No Opinion)
- Plan to always have time alone with my health care provider: 83% (Yes, definitely), 9% (Quite a Bit), 4% (A little), 2% (Not at All), 2% (No Opinion)
- Plan to have a well-visit/check up with my health care provider every year: 79% (Yes, definitely), 13% (Quite a Bit), 4% (A little), 2% (Not at All), 2% (No Opinion)

**Even with a global pandemic and not being able to attend PATCH normally, this program was one of the highlights of my senior year... I've learned so many skills in this program and I'm so thankful that I got to be a part of it.**

- PATCH Teen Educator

**PATCH has made me view things in a different perspective and it made me want to try more in life.**

- PATCH Teen Educator

98% believe that PATCH has been a positive turning point in their life.
## PATCH for Providers Workshops

### Percentage of workshop participants who self-reported “high” or “very high”...

<table>
<thead>
<tr>
<th>Category</th>
<th>Before Workshop</th>
<th>After Workshop</th>
</tr>
</thead>
<tbody>
<tr>
<td>Understanding of teen preferences and concerns in health care settings</td>
<td>36%</td>
<td>94%</td>
</tr>
<tr>
<td>Understanding of how to best communicate with teens about their health</td>
<td>29%</td>
<td>93%</td>
</tr>
<tr>
<td>Confidence in being able to provide care that addresses the needs, preferences, and concerns of teens</td>
<td>33%</td>
<td>87%</td>
</tr>
<tr>
<td>Confidence in being able to have open and honest conversations with teens about more personal or “sensitive” topics</td>
<td>40%</td>
<td>85%</td>
</tr>
<tr>
<td>Confidence in being able to discuss, establish, and protect a teen’s right to confidentiality</td>
<td>37%</td>
<td>87%</td>
</tr>
<tr>
<td>Confidence in being able to educate, engage, and empower teens to begin to manage their own health care</td>
<td>37%</td>
<td>91%</td>
</tr>
<tr>
<td>Confidence in being able to build more trusting relationships with teen patients</td>
<td>45%</td>
<td>93%</td>
</tr>
</tbody>
</table>

86% said they were “likely” or “very likely” to utilize the knowledge and resources gained from the PATCH workshop in their practice.

86% said they were “likely” or “very likely” to change the way they interact and care for teens because of the PATCH workshop.

### What else they told us...

- **GREAT handouts!**
  The students were so enthusiastic and created a very open/welcoming environment.

- **This workshop forced me to reflect about what I believe regarding physician-teen interactions and challenged those beliefs. I will walk away from this workshop with a better appreciation for the teen perspective and what I can do to best facilitate their health and wellbeing.**

- **Hands down to the honesty brought to the conversation!**
  It’s hard enough for anyone, especially teens, to be honest & vulnerable to their provider, let alone a room full of providers. Thank you!

**Overall rating = 4.36/5**

Note: Response rates for 8-Week Follow Up Evaluations were too low, limiting our ability to report any additional information.
### PATCH for Teens: Peer-to-Peer Workshops

**Because of PATCH, I now KNOW...**

<table>
<thead>
<tr>
<th>Statement</th>
<th>Yes</th>
<th>Kind of</th>
<th>Already Knew</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>The type of relationship I have with my health care provider matters</td>
<td>76%</td>
<td>8%</td>
<td>15%</td>
<td>1%</td>
</tr>
<tr>
<td>Why it is important to be open and honest with health care providers</td>
<td>76%</td>
<td>8%</td>
<td>15%</td>
<td>1%</td>
</tr>
<tr>
<td>Teens have legal health care rights</td>
<td>78%</td>
<td>12%</td>
<td>10%</td>
<td>&lt;1%</td>
</tr>
<tr>
<td>I have a personal responsibility to be involved in my health care</td>
<td>77%</td>
<td>14%</td>
<td>8%</td>
<td>1%</td>
</tr>
<tr>
<td>Learning to manage my health care is an important part of becoming an adult</td>
<td>76%</td>
<td>9%</td>
<td>14%</td>
<td>1%</td>
</tr>
</tbody>
</table>

**Because of PATCH, I am ____ CONFIDENT in my ability to...**

<table>
<thead>
<tr>
<th>Activity</th>
<th>More</th>
<th>Same</th>
<th>Not Sure</th>
<th>Less</th>
</tr>
</thead>
<tbody>
<tr>
<td>Talk openly and honestly with health care providers</td>
<td>52%</td>
<td>42%</td>
<td>5%</td>
<td>&lt;1%</td>
</tr>
<tr>
<td>Advocate (speak up) for myself in health care settings</td>
<td>53%</td>
<td>41%</td>
<td>3%</td>
<td>3%</td>
</tr>
<tr>
<td>Be involved in my own health care</td>
<td>58%</td>
<td>35%</td>
<td>3%</td>
<td>3%</td>
</tr>
<tr>
<td>Get the health care I need and deserve</td>
<td>59%</td>
<td>37%</td>
<td>5%</td>
<td>&lt;1%</td>
</tr>
</tbody>
</table>

**Because of PATCH, I PLAN to...**

<table>
<thead>
<tr>
<th>Activity</th>
<th>Yes</th>
<th>Not Sure</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Talk openly and honestly with health care providers</td>
<td>81%</td>
<td>16%</td>
<td>4%</td>
</tr>
<tr>
<td>Build better relationships with my health care providers</td>
<td>81%</td>
<td>14%</td>
<td>6%</td>
</tr>
<tr>
<td>Advocate (speak up) for my health care rights</td>
<td>81%</td>
<td>15%</td>
<td>5%</td>
</tr>
<tr>
<td>Talk to my parents, guardians, or a trusted adult about health care</td>
<td>73%</td>
<td>19%</td>
<td>8%</td>
</tr>
<tr>
<td>Be more involved in my own health care</td>
<td>84%</td>
<td>10%</td>
<td>6%</td>
</tr>
<tr>
<td>Learn more about how I can manage my own health care</td>
<td>83%</td>
<td>11%</td>
<td>6%</td>
</tr>
<tr>
<td>See a health care provider regularly</td>
<td>79%</td>
<td>17%</td>
<td>4%</td>
</tr>
</tbody>
</table>

**They thought the PATCH Workshop was...**

- 65% Interesting
- 80% Useful
- 75% Easy to Understand
- 53% Fun

- 60% said they learned a lot from PATCH
- 67% said they liked learning from other teens

**Overall rating = 4.03/5**

Note: Response rates for 8-Week Follow Up Evaluations were too low, limiting our ability to report any additional information.